

1 - 100 m Estilos Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	045961893	SEGADE MARIÑO RAUL	2000	ARZUA		15,0	1:01.48
	50	27.88	100	1:01.48			
		27.88		33.60			
2	035588596	BOUZA PADRON ADRIAN	1997	RBAIXAS		12,0	1:02.48
	50	29.30	100	1:02.48			
		29.30		33.18			
3	034879241	CARRERA COSTAS MARTIN	1996	NPONTEA		10,0	1:02.81
	50	30.38	100	1:02.81			
		30.38		32.43			
4	046095171	SEGADE CURROS MANUEL	1999	ARZUA		9,0	1:03.05
	50	29.16	100	1:03.05			
		29.16		33.89			
5	034276728	PEREZ TIERRA ISMAEL	2002	MOLEMOS		8,0	1:03.99
	50	29.85	100	1:03.99			
		29.85		34.14			
6	035586327	COSTA FERNANDEZ LUCAS	1998	NPONTEA		7,0	1:04.00
	50	28.98	100	1:04.00			
		28.98		35.02			
7	039464295	MUÑIZ MEJUTO ANGEL	1996	RBAIXAS		6,0	1:04.88
	50	30.09	100	1:04.88			
		30.09		34.79			
8	032717904	GOMEZ SALGADO ESTEBAN	2001	NTNARON		5,0	1:05.36
	50	29.70	100	1:05.36			
		29.70		35.66			
9	079345431	PADIN TORRENTE HECTOR	2000	NTNARON		4,0	1:06.39
	50	31.48	100	1:06.39			
		31.48		34.91			
10	034883340	MIGUEZ VAZQUEZ VICTOR	1997	CNXOVE		3,0	1:06.40
	50	31.13	100	1:06.40			
		31.13		35.27			
11	991129975	FERNANDEZ PRIETO PEDRO	1990	CNXOVE		2,0	1:13.98
	50	33.23	100	1:13.98			
		33.23		40.75			
12	034276231	MARTINEZ MARINO ANDRES	2003	MOLEMOS		1,0	1:14.45
	50	33.95	100	1:14.45			
		33.95		40.50			

RT: Retirado

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2 - 100 m Estilos Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	035588033	FARO MARTINEZ CARLA	2003	NPONTEA		15,0	1:06.82
		50' 30.66'					1:06.82
		100' 1:06.82'					
		30.66'					36.16'
2	034274931	SUÑER DIAZ SANDRA	2000	MOLEMOS		12,0	1:12.26
		50' 32.95'					1:12.26
		100' 1:12.26'					
		32.95'					39.31'
3	035588822	FERNANDEZ PARDO IRENE	2001	NPONTEA		10,0	1:12.34
		50' 31.63'					1:12.34
		100' 1:12.34'					
		31.63'					40.71'
4	032722024	PITA LOPEZ UXIA	1999	NTNARON		9,0	1:13.31
		50' 33.38'					1:13.31
		100' 1:13.31'					
		33.38'					39.93'
5	991126869	ALBES ALVARIÑO PAULA	2003	NTNARON		8,0	1:15.20
		50' 34.34'					1:15.20
		100' 1:15.20'					
		34.34'					40.86'
6	039487056	VAZQUEZ NAVARRO NAIRA	2000	RBAIXAS		7,0	1:17.23
		50' 0.00'					1:17.23
		100' 1:17.23'					
		0.00'					1:17.23'
7	053820585	ESTEVEZ BASTERO EVA	2001	RBAIXAS		6,0	1:18.29
		50' 36.29'					1:18.29
		100' 1:18.29'					
		36.29'					42.00'
8	991128042	BEN CILLERO SABELA	1992	CNXOVE		5,0	1:18.48
		50' 36.80'					1:18.48
		100' 1:18.48'					
		36.80'					41.68'
9	078808118	OROIS AMENAL UXIA	2000	ARZUA		4,0	1:18.98
		50' 35.82'					1:18.98
		100' 1:18.98'					
		35.82'					43.16'
10	035622696	LEAL DABLANCA ALEJANDRA	2003	CNXOVE		3,0	1:24.21
		50' 38.07'					1:24.21
		100' 1:24.21'					
		38.07'					46.14'
11	034277928	SENRA RODRIGUEZ LAURA	2004	MOLEMOS		2,0	1:33.07
		50' 41.93'					1:33.07
		100' 1:33.07'					
		41.93'					51.14'
	049400789	PEREIRO FREIRE LORENA	2002	ARZUA		0,0	DNI

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LIGA GAL CLUBES DIV 2 PRE X2, 20 XANEIRO 2018

Datos técnicos: Piscina de 25 m., Cronometraxe Manual

MONFORTE
20/01/2018
3 - 1500 m Libre Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado					
1	054232923	ALONSO RODRIGUEZ JAVIER	2001	NPONTEA		15,0	16:51.00					
	50	28.42	100	1:00.26	200	2:07.00	400	4:21.26	800	8:50.95	1500	16:51.00
		28.42		31.84		1:06.7		2:14.2		4:29.6		8:00.0
2	047386706	ESTRADAS PARDO JOSE MANUEL	1999	ARZUA		12,0	17:37.23					
	50	32.98	100	1:09.88	200	2:24.87	400	4:55.18	800	9:55.40	1500	17:37.23
		32.98		36.90		1:14.9		2:30.3		5:00.2		7:41.8
3	021115080	MARTINEZ MARTINEZ MARCOS	2003	NPONTEA		10,0	17:48.00					
	50	31.74	100	1:07.04	200	2:18.00	400	4:41.54	800	9:28.12	1500	17:48.00
		31.74		35.30		1:10.9		2:23.5		4:46.5		17:48.
4	991126372	MOURE LOPEZ NICOLAS	2001	MOLEMOS		9,0	18:07.42					
	50	29.88	100	1:05.76	200	2:14.58	400	4:38.13	800	9:28.04	1500	18:07.42
		29.88		35.88		1:08.8		2:23.5		4:49.9		8:39.3
5	032735087	FERREIRO CASTRO BRUNO	2003	NTNARON		8,0	18:14.95					
	50	32.04	100	1:07.38	200	2:18.95	400	4:43.80	800	9:37.21	1500	18:14.95
		32.04		35.34		1:11.5		2:24.8		4:53.4		8:37.7
6	035623654	VILAR GARCIA BRAIS	2003	CNDOVE		7,0	18:33.54					
	50	31.80	100	1:07.13	200	2:19.80	400	4:46.73	800	9:44.16	1500	18:33.54
		31.80		35.33		1:12.6		2:26.9		4:57.4		8:49.3
7	078807689	SENIN MOURIÑO XIAN	2003	ARZUA		6,0	18:38.48					
	50	32.79	100	1:09.34	200	2:23.98	400	4:53.87	800	9:54.96	1500	18:38.48
		32.79		0.00		1:14.6		2:29.8		5:01.0		8:43.5
8	035588597	BOUZA PADRON ANTON	2002	RBAIXAS		5,0	18:52.45					
	50	32.59	100	1:09.27	200	2:24.00	400	4:54.03	800	9:57.09	1500	18:52.45
		32.59		36.68		1:14.7		2:30.0		5:03.0		8:55.3
9	034297840	RODRIGUEZ SANCHEZ MIGUEL	2003	MOLEMOS		4,0	18:52.57					
	50	32.98	100	1:09.79	200	2:25.82	400	4:58.35	800	10:04.70	1500	18:52.57
		32.98		36.81		1:16.0		2:32.5		5:06.3		18:52.
10	035592873	RAMOS DAYAN XOEL	2003	CNDOVE		3,0	18:54.73					
	50	33.41	100	1:10.08	200	2:25.33	400	4:56.50	800	9:59.29	1500	18:54.73
		33.41		36.67		1:15.2		2:31.1		5:02.7		8:55.4
11	071424850	SANCHEZ GORDON ROMAN	1978	RBAIXAS		2,0	19:09.26					
	50	32.32	100	1:08.45	200	2:23.13	400	4:53.29	800	9:57.48	1500	19:09.26
		32.32		36.13		1:14.6		2:30.1		5:04.1		9:11.7
12	032727020	LOPEZ CABANAS FCO. JOSE	2003	NTNARON		1,0	19:36.27					
	50	34.51	100	1:12.39	200	2:27.86	400	5:05.02	800	10:19.45	1500	19:36.27
		34.51		37.88		1:15.4		2:37.1		5:14.4		9:16.8

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4 - 200 m Libre Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	035588269	RODRIGUEZ NOVOA LAURA	2000	NPONTEA		15,0	2:10.85
		50' 30.71' 100' 30.71' 200' 2:10.85'					
2	039497350	RODRIGUEZ RODRIGUEZ NINA	2002	RBAIXAS		12,0	2:13.26
		50' 31.05' 100' 1:05.26' 200' 2:13.26'					
		31.05' 34.21' 1:08.0'					
3	035592313	PERNAS PERNAS CARMEN	2002	CNXOVE		10,0	2:14.96
		50' 31.27' 100' 1:05.62' 200' 2:14.96'					
		31.27' 34.35' 1:09.3'					
4	035625254	PRIETO PITA CARLA	2003	CNXOVE		9,0	2:15.45
		50' 31.33' 100' 1:05.88' 200' 2:15.45'					
		31.33' 34.55' 1:09.5'					
5	054229452	IGLESIAS ALLICA MALENA	2001	RBAIXAS		8,0	2:21.00
		50' 32.95' 100' 2:21.00'					
		32.95' 2:21.0'					
6	032729207	LOPEZ LOSADA SARA	2001	NTNARON		7,0	2:21.20
		50' 33.60' 100' 1:09.33' 200' 2:21.20'					
		33.60' 35.73' 1:11.8'					
7	034297538	VARELA MENDEZ LUCIA	2003	MOLEMOS		6,0	2:21.60
		50' 32.92' 100' 1:08.87' 200' 2:21.60'					
		32.92' 35.95' 1:12.7'					
8	034297839	RODRIGUEZ SANCHEZ ISABEL	2000	MOLEMOS		5,0	2:24.16
		50' 35.40' 100' 1:09.60' 200' 2:24.16'					
		35.40' 34.20' 1:14.5'					
9	991130275	TROITIÑO CORA MARTA	2003	ARZUA		4,0	2:25.51
		50' 37.24' 100' 1:10.60' 200' 2:25.51'					
		37.24' 33.36' 1:14.9'					
10	032818304	BARBEITO DOMINGUEZ MARTA	1984	NTNARON		3,0	2:31.14
		50' 33.91' 100' 1:11.21' 200' 2:31.14'					
		33.91' 37.30' 1:19.9'					
11	991130274	CARRACEDO FLORES AINOA	2002	ARZUA		2,0	2:32.54
		50' 35.42' 100' 1:14.17' 200' 2:32.54'					
		35.42' 38.75' 1:18.3'					
12	035586571	LEMONS FERNANDEZ ZAIRA	2002	NPONTEA		1,0	2:32.67
		50' 34.39' 100' 1:13.02' 200' 2:32.67'					
		34.39' 38.63' 1:19.6'					

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5 - 50 m Braza Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	035586856	GANDARA DIEZ ADRIAN	1996	RBAIXAS		15,0	31.32
		50' 31.32'					
		31.32'					
2	032698446	GARCIA SOTO HECTOR	1985	ARZUA		12,0	32.53
		50' 32.53'					
		32.53'					
3	020628547	PAMPIN IGLESIAS DAVID	1998	ARZUA		10,0	32.56
		50' 32.56'					
		32.56'					
4	034297625	PONTON RODRIGUEZ JUAN	2002	MOLEMOS		9,0	33.50
		50' 33.50'					
		33.50'					
5	032722671	FREIRE CORRAL ROI	1999	NTNARON		8,0	33.79
		50' 33.79'					
		33.79'					
6	015493203	PINO LORENZO BRAIS	2001	NPONTEA		7,0	34.57
		50' 34.57'					
		34.57'					
7	991129975	FERNANDEZ PRIETO PEDRO	1990	CNXOVE		6,0	36.06
		50' 36.06'					
		36.06'					
8	034884299	ROUCO BASANTA ADRIAN	2001	CNXOVE		5,0	36.50
		50' 36.50'					
		36.50'					
9	039488228	MENDEZ PUGA MARIO	2003	RBAIXAS		4,0	36.80
		50' 36.80'					
		36.80'					
10	035586308	PUGA GONZALEZ DAVID M.	2000	NPONTEA		3,0	37.00
		50' 37.00'					
		37.00'					
11	032726895	HERMIDA RAMOS RAUL	2000	NTNARON		2,0	40.59
		50' 40.59'					
		40.59'					
12	034297840	RODRIGUEZ SANCHEZ MIGUEL	2003	MOLEMOS		1,0	42.17
		50' 42.17'					
		42.17'					

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6 - 50 m Braza Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	032722695	LOPEZ RAMUDO ICIA	2004	NTNARON		15,0	37.70
		50' 37.70'					
		37.70'					
2	035586479	DOMINGUEZ CASABELLA ANDREA	2003	NPONTEA		12,0	38.63
		50' 38.63'					
		38.63'					
3	039462839	CALABRESI FERREYRA VICTORIA P.	2001	RBAIXAS		10,0	38.70
		50' 38.70'					
		38.70'					
4	032722931	MOSQUERA GARCIA ALEJANDRA	2003	NTNARON		9,0	39.89
		50' 39.89'					
		39.89'					
5	991128042	BEN CILLERO SABELA	1992	CNDOVE		8,0	40.00
		50' 40.00'					
		40.00'					
6	991128811	FRANCO ACEA UXIA	2003	RBAIXAS		7,0	42.11
		50' 42.11'					
		42.11'					
7	049400789	PEREIRO FREIRE LORENA	2002	ARZUA		6,0	42.38
		50' 42.38'					
		42.38'					
8	034277928	SENRA RODRIGUEZ LAURA	2004	MOLEMOS		5,0	43.41
		50' 43.41'					
		43.41'					
9	039467792	RODRIGUEZ PEREZ LORENA	2001	NPONTEA		4,0	44.79
		50' 44.79'					
		44.79'					
10	035625068	OTERO VILLAR LARA	2004	CNDOVE		3,0	45.23
		50' 45.23'					
		45.23'					
11	045861140	GOMEZ GIL FATIMA	1984	ARZUA		2,0	48.05
		50' 48.05'					
		48.05'					
12	034277411	RODRIGUEZ SOUTO ALBA	2004	MOLEMOS		1,0	50.07
		50' 50.07'					
		50.07'					

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7 - 200 m Bolboreta Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	035588596	BOUZA PADRON ADRIAN	1997	RBAIXAS		15,0	
		50' 29.50' 100' 1:03.10' 200' 2:11.18'					2:11.18
		29.50' 33.60' 1:08.0'					
2	046095171	SEGADE CURROS MANUEL	1999	ARZUA		12,0	
		50' 30.40' 100' 1:05.07' 200' 2:17.34'					2:17.34
		30.40' 34.67' 2:17.3'					
3	017464412	COBELO REPRESAS FRANCISCO	1996	NPONTEA		10,0	
		50' 31.59' 100' 1:07.70' 200' 2:19.88'					2:19.88
		31.59' 36.11' 1:12.1'					
4	032722671	FREIRE CORRAL ROI	1999	NTNARON		9,0	
		50' 31.29' 100' 1:06.85' 200' 2:20.80'					2:20.80
		31.29' 35.56' 1:13.9'					
5	039463383	CASTRO GARCIA PEDRO	2002	RBAIXAS		8,0	
		50' 32.57' 100' 1:10.95' 200' 2:28.85'					2:28.85
		32.57' 38.38' 1:17.9'					
6	035623010	FERRO SANTOS JUAN MANUEL	2000	CNDOVE		7,0	
		50' 32.87' 100' 1:12.43' 200' 2:32.41'					2:32.41
		32.87' 39.56' 1:19.9'					
7	991126372	MOURE LOPEZ NICOLAS	2001	MOLEMOS		6,0	
		50' 32.58' 100' 1:12.33' 200' 2:36.07'					2:36.07
		32.58' 39.75' 2:36.0'					
8	034276728	PEREZ TIERRA ISMAEL	2002	MOLEMOS		5,0	
		50' 32.73' 100' 1:13.23' 200' 2:36.92'					2:36.92
		32.73' 40.50' 1:23.6'					
9	991125860	VENTUREIRA FERNANDEZ NORDES	2002	NTNARON		4,0	
		50' 34.27' 100' 1:18.89' 200' 2:58.45'					2:58.45
		34.27' 44.62' 1:39.5'					
10	035592873	RAMOS DAYAN XOEL	2003	CNDOVE		3,0	
		50' 38.75' 100' 1:25.66' 200' 3:05.84'					3:05.84
		38.75' 46.91' 1:40.1'					
	021115080	MARTINEZ MARTINEZ MARCOS	2003	NPONTEA		0,0	
							DSI

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8 - 200 m Bolboreta Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	035588269	RODRIGUEZ NOVOA LAURA	2000	NPONTEA		15,0	2:32.18
		50' 34.12' 100' 1:12.66' 200' 2:32.18'					
		34.12' 38.54' 1:19.5'					
2	017464413	COBELO REPRESAS ANGELA	2004	NPONTEA		12,0	2:40.41
		50' 38.21' 100' 1:14.90' 200' 2:40.41'					
		38.21' 36.69' 1:25.5'					
3	034274931	SUÑER DIAZ SANDRA	2000	MOLEMOS		10,0	2:46.39
		50' 34.70' 100' 1:16.76' 200' 2:46.39'					
		34.70' 42.06' 1:29.6'					
4	035625254	PRIETO PITA CARLA	2003	CNXOVE		9,0	2:48.36
		50' 35.48' 100' 1:17.32' 200' 2:48.36'					
		35.48' 41.84' 1:31.0'					
5	034298858	CASTRO DE LA FUENTE UXIA	2003	MOLEMOS		8,0	2:51.23
		50' 36.98' 100' 1:19.46' 200' 2:51.23'					
		36.98' 42.48' 1:31.7'					
6	039490531	ARGONES ARIAS ALBA	2004	RBAIXAS		7,0	2:54.16
		50' 38.89' 100' 1:24.27' 200' 2:54.16'					
		38.89' 45.38' 1:29.8'					
7	053820585	ESTEVEZ BASTERO EVA	2001	RBAIXAS		6,0	2:59.32
		50' 36.96' 100' 1:21.90' 200' 2:59.32'					
		36.96' 44.94' 1:37.4'					
8	078808118	OROIS AMENAL UXIA	2000	ARZUA		5,0	3:01.49
		50' 39.50' 100' 1:24.99' 200' 3:01.49'					
		39.50' 45.49' 1:36.5'					
9	991126869	ALBES ALVARIÑO PAULA	2003	NTNARON		4,0	3:02.37
		50' 39.70' 100' 1:27.40' 200' 3:02.37'					
		39.70' 47.70' 1:34.9'					
10	032724184	RODRIGUEZ COUCEIRO MARIA	2002	NTNARON		3,0	3:09.79
		50' 39.46' 100' 1:26.39' 200' 3:09.79'					
		39.46' 46.93' 1:43.4'					
11	035624194	GARCIA TRIGO SOFIA	2002	CNXOVE		2,0	3:26.63
		50' ----- 100' ----- 200' 3:26.63'					
		----- ----- 3:26.6'					

RT: Retirado

 NP: Non presentado
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 DSA: Desc. Saída Anticipada

 DNI: Desc. Nado Irregular
 DLI: Desc. Chegada Irregular

 DES: Descualificado
 BAJ: Baixa

9 - 100 m Libre Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	015493203	PINO LORENZO BRAIS	2001	NPONTEA		15,0	55.82
		50' 26.11' 100' 55.82'					
		26.11' 29.71'					
2	039464295	MUÑIZ MEJUTO ANGEL	1996	RBAIXAS		12,0	55.92
		50' 27.00' 100' 55.92'					
		27.00' 28.92'					
3	034879241	CARRERA COSTAS MARTIN	1996	NPONTEA		10,0	56.46
		50' 27.55' 100' 56.46'					
		27.55' 28.91'					
4	079345431	PADIN TORRENTE HECTOR	2000	NTNARON		9,0	57.45
		50' 27.50' 100' 57.45'					
		27.50' 29.95'					
5	034297625	PONTON RODRIGUEZ JUAN	2002	MOLEMOS		8,0	57.76
		50' 27.27' 100' 57.76'					
		27.27' 30.49'					
6	032735087	FERREIRO CASTRO BRUNO	2003	NTNARON		7,0	58.47
		50' 28.26' 100' 58.47'					
		28.26' 30.21'					
7	020628547	PAMPIN IGLESIAS DAVID	1998	ARZUA		6,0	59.55
		50' 29.08' 100' 59.55'					
		29.08' 30.47'					
8	035623654	VILAR GARCIA BRAIS	2003	CNXOVE		5,0	1:00.10
		50' 29.32' 100' 1:00.10'					
		29.32' 30.78'					
9	047386706	ESTRADAS PARDO JOSE MANUEL	1999	ARZUA		4,0	1:00.13
		50' 28.71' 100' 1:00.13'					
		28.71' 31.42'					
10	039488228	MENDEZ PUGA MARIO	2003	RBAIXAS		3,0	1:00.23
		50' 29.23' 100' 1:00.23'					
		29.23' 31.00'					
11	034884299	ROUCO BASANTA ADRIAN	2001	CNXOVE		2,0	1:00.73
		50' 29.36' 100' 1:00.73'					
		29.36' 31.37'					
12	034298264	RODRIGUEZ DIAZ DAVID	2002	MOLEMOS		1,0	1:08.00
		50' 32.29' 100' 1:08.00'					
		32.29' 35.71'					

RT: Retirado

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DES: Descualificado

BAJ: Baixa

10 - 50 m Libre Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	039497350	RODRIGUEZ RODRIGUEZ NINA	2002	RBAIXAS		15,0	
	50	28.43					28.43
		28.43					
2	035592313	PERNAS PERNAS CARMEN	2002	CNXOVE		12,0	
	50	28.66					28.66
		28.66					
3	035588822	FERNANDEZ PARDO IRENE	2001	NPONTEA		10,0	
	50	29.18					29.18
		29.18					
4	035587564	IBAÑEZ CARRERA SARA	2001	NPONTEA		9,0	
	50	29.37					29.37
		29.37					
5	991130275	TROITIÑO CORA MARTA	2003	ARZUA		8,0	
	50	29.70					29.70
		29.70					
6	034297839	RODRIGUEZ SANCHEZ ISABEL	2000	MOLEMOS		7,0	
	50	29.86					29.86
		29.86					
7	035622501	GONZALEZ VAZQUEZ SARA	2003	CNXOVE		6,0	
	50	29.87					29.87
		29.87					
8	054229452	IGLESIAS ALLICA MALENA	2001	RBAIXAS		5,0	
	50	30.66					30.66
		30.66					
9	034297537	VARELA MENDEZ CLARA	2003	MOLEMOS		4,0	
	50	30.78					30.78
		30.78					
9	032818304	BARBEITO DOMINGUEZ MARTA	1984	NTNARON		3,0	
	50	30.78					30.78
		30.78					
11	071965018	GARCIA BUSTO NEREA	2002	NTNARON		2,0	
	50	31.96					31.96
		31.96					
12	991130274	CARRACEDO FLORES AINOA	2002	ARZUA		1,0	
	50	32.32					32.32
		32.32					

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11 - 100 m Costas Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	045961893	SEGADE MARIÑO RAUL	2000	ARZUA		15,0	1:01.45
		50' 29.38' 100' 1:01.45'					
		29.38' 32.07'					
2	032717904	GOMEZ SALGADO ESTEBAN	2001	NTNARON		12,0	1:03.84
		50' 31.48' 100' 1:03.84'					
		31.48' 32.36'					
3	035623010	FERRO SANTOS JUAN MANUEL	2000	CNXOVE		10,0	1:04.99
		50' 31.00' 100' 1:04.99'					
		31.00' 33.99'					
4	054232923	ALONSO RODRIGUEZ JAVIER	2001	NPONTEA		9,0	1:06.13
		50' 32.30' 100' 1:06.13'					
		32.30' 33.83'					
5	034883340	MIGUEZ VAZQUEZ VICTOR	1997	CNXOVE		8,0	1:08.60
		50' 33.00' 100' 1:08.60'					
		33.00' 35.60'					
6	032719541	SANTIAGO MORON MANUEL	2003	NTNARON		7,0	1:08.95
		50' 33.82' 100' 1:08.95'					
		33.82' 35.13'					
7	039463383	CASTRO GARCIA PEDRO	2002	RBAIXAS		6,0	1:09.03
		50' 33.74' 100' 1:09.03'					
		33.74' 35.29'					
8	071424850	SANCHEZ GORDON ROMAN	1978	RBAIXAS		5,0	1:09.95
		50' 33.58' 100' 1:09.95'					
		33.58' 36.37'					
9	034276231	MARTINEZ MARINO ANDRES	2003	MOLEMOS		4,0	1:12.28
		50' 34.91' 100' 1:12.28'					
		34.91' 37.37'					
10	034305917	MARTINEZ VALIÑO ALEX	2003	ARZUA		3,0	1:12.82
		50' 35.00' 100' 1:12.82'					
		35.00' 37.82'					
11	035608480	CANCELA GOMEZ HUGO	2003	NPONTEA		2,0	1:13.42
		50' 35.95' 100' 1:13.42'					
		35.95' 37.47'					
12	034298264	RODRIGUEZ DIAZ DAVID	2002	MOLEMOS		1,0	1:17.87
		50' 38.05' 100' 1:17.87'					
		38.05' 39.82'					

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12- 100 m Costas Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	035588033	FARO MARTINEZ CARLA	2003	NPONTEA		15,0	1:07.10
		50' 32.99' 100' 1:07.10'					
		32.99' 34.11'					
2	078811698	SANMIGUEL TABOADA IRIS	2002	ARZUA		12,0	1:09.50
		50' 33.34' 100' 1:09.50'					
		33.34' 36.16'					
3	034297538	VARELA MENDEZ LUCIA	2003	MOLEMOS		10,0	1:11.54
		50' 34.32' 100' 1:11.54'					
		34.32' 37.22'					
4	032722024	PITA LOPEZ UXIA	1999	NTNARON		9,0	1:12.40
		50' 35.16' 100' 1:12.40'					
		35.16' 37.24'					
5	039462839	CALABRESI FERREYRA VICTORIA P.	2001	RBAIXAS		8,0	1:13.57
		50' 35.99' 100' 1:13.57'					
		35.99' 37.58'					
6	032726912	BOUZA LOPEZ ANTIA	2002	NTNARON		7,0	1:13.59
		50' 36.23' 100' 1:13.59'					
		36.23' 37.36'					
7	053196060	LAGO LOPEZ RAQUEL	1995	RBAIXAS		6,0	1:15.13
		50' 35.91' 100' 1:15.13'					
		35.91' 39.22'					
8	035592174	RODRIGUEZ FIDALGO YOLANDA	1999	CNXOVE		5,0	1:16.04
		50' 36.57' 100' 1:16.04'					
		36.57' 39.47'					
9	035588534	BLANCO PEREZ LAURA	2004	NPONTEA		4,0	1:17.27
		50' 37.11' 100' 1:17.27'					
		37.11' 40.16'					
10	034298858	CASTRO DE LA FUENTE UXIA	2003	MOLEMOS		3,0	1:20.67
		50' 39.70' 100' 1:20.67'					
		39.70' 40.97'					
11	035624194	GARCIA TRIGO SOFIA	2002	CNXOVE		2,0	1:21.26
		50' 38.49' 100' 1:21.26'					
		38.49' 42.77'					
	045861140	GOMEZ GIL FATIMA	1984	ARZUA		0,0	BAJ

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13 - 4x200 m Libre Masculino

RK	Club	Nome	Club	Pts.	Resultado						
1	00878	ABSO C.N. PONTEAREAS	NPONTEA	30,0							
50	28.16	58.74	1:30.05	2:01.46	2:29.43	3:01.98	3:35.27	4:09.37	4:36.50	5:07.20	8:12.48
	28.16	30.58	31.31	31.41	27.97	32.55	33.29	34.10	27.13	30.70	
550	5:39.20	6:11.24	6:38.50	7:08.93	7:41.00	8:12.48					
	32.00	32.04	27.26	30.43	32.07	31.48					
2	00765	ABSO CNVIGORIASBAIXAS B	RBAIXAS	24,0							
50	28.00	58.07	1:29.31	1:59.30	2:29.16	3:02.48	3:36.20	4:08.59	4:37.89	5:10.45	8:19.35
	28.00	30.07	31.24	29.99	29.86	33.32	33.72	32.39	29.30	32.56	
550	5:43.44	6:16.60	6:44.06	7:14.91	7:47.16	8:19.35					
	32.99	33.16	27.46	30.85	32.25	32.19					
3	P1112	ABSO C.N. ARZUA	ARZUA	20,0							
50	28.82	1:00.27	1:33.20	2:06.48	2:35.27	3:07.27	3:40.50	4:12.55	4:42.38	5:15.99	8:30.76
	28.82	31.45	32.93	33.28	28.79	32.00	33.23	32.05	29.83	33.61	
550	5:51.98	6:28.40	6:55.54	7:26.63	7:58.91	8:30.76					
	35.99	36.42	27.14	31.09	32.28	31.85					
4	00639	ABSO A.D. NAUT. DE NARON	NTNARON	18,0							
50	29.28	1:01.06	1:34.77	2:10.20	2:39.63	3:12.57	3:46.45	4:18.91	4:48.16	5:21.16	8:43.54
	29.28	31.78	33.71	35.43	29.43	32.94	33.88	32.46	29.25	33.00	
550	5:56.35	6:31.26	7:00.20	7:33.94	8:08.91	8:43.54					
	35.19	34.91	28.94	33.74	34.97	34.63					
5	00878	ABSO C.N. PONTEAREAS B	NPONTEA	16,0							
50	30.21	1:04.57	1:41.48	2:19.59	2:50.20	3:23.65	3:57.70	4:30.95	5:01.41	5:36.27	8:59.91
	30.21	34.36	36.91	38.11	30.61	33.45	34.05	33.25	30.46	34.86	
550	6:12.76	6:48.60	7:18.45	7:51.79	8:25.91	8:59.91					
	36.49	35.84	29.85	33.34	34.12	34.00					
6	00837	ABSO CN.MONFORTE DE LEMOS	MOLEMOS	14,0							
50	30.00	1:03.48	1:39.13	2:14.29	2:45.95	3:22.00	4:00.32	4:38.50	5:07.29	5:40.20	9:05.42
	30.00	33.48	35.65	35.16	31.66	36.05	38.32	38.18	28.79	32.91	
550	6:16.35	6:52.54	7:22.58	7:56.82	8:31.58	9:05.42					
	36.15	36.19	30.04	34.24	34.76	33.84					
7	00765	ABSO CNVIGORIASBAIXAS	RBAIXAS	12,0							
50	33.28	1:10.80	1:49.48	2:26.48	2:53.73	3:24.73	3:58.41	4:34.80	5:06.89	5:42.48	9:19.98
	33.28	37.52	38.68	37.00	27.25	31.00	33.68	36.39	32.09	35.59	
550	6:19.98	7:02.35	7:34.07	8:08.95	8:44.70	9:19.98					
	37.50	42.37	31.72	34.88	35.75	35.28					
8	00639	ABSO A.D. NAUT. DE NARON	NTNARON	10,0							
50	32.65	1:08.93	1:46.87	2:23.00	2:55.24	3:31.32	4:08.54	4:44.26	5:17.63	5:54.32	9:27.48
	32.65	36.28	37.94	36.13	32.24	36.08	37.22	35.72	33.37	36.69	
550	6:32.05	7:07.27	7:38.21	8:14.48	8:51.85	9:27.48					
	37.73	35.22	30.94	36.27	37.37	35.63					
9	00622	ABSO C.N. XOVE B	CNXOVE	8,0							
50	31.92	1:06.42	1:42.29	2:17.95	2:50.02	3:26.29	4:03.23	4:40.16	5:12.82	5:49.36	9:49.20
	31.92	34.50	35.87	35.66	32.07	36.27	36.94	36.93	32.66	36.54	
550	6:28.64	7:08.39	7:43.32	8:24.48	9:07.60	9:49.20					
	39.28	39.75	34.93	41.16	43.12	41.60					
	00837	ABSO CN.MONFORTE DE LEMOS	MOLEMOS	0,0							
											BAJ

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13 - 4x200 m Libre Masculino

RK	Club	Nome	Club	Pts.	Resultado
00622	ABSO C.N. XOVE		CNXOVE	0,0	DSA

14 - 4x100 m Libre Feminino

RK	Club	Nome	Club	Pts.	Resultado
1	00878	ABSO C.N. PONTEAREAS	NPONTEA	30,0	
		50' 28.80' 100' 59.58' 150' 1:30.91' 200' 2:05.91' 250' 2:37.29' 300' 3:12.63' 350' 3:42.23' 400' 4:14.55'			4:14.55
		28.80' 30.78' 31.33' 35.00' 31.38' 35.34' 29.60' 4:14.5'			
2	00765	ABSO CNVIGORIASBAIXAS	RBAIXAS	24,0	
		50' 30.48' 100' 1:02.41' 150' 1:33.76' 200' 2:07.59' 250' 2:39.21' 300' 3:12.85' 350' 3:44.20' 400' 4:18.04'			4:18.04
		30.48' 31.93' 31.35' 33.83' 31.62' 33.64' 31.35' 4:18.0'			
3	00878	ABSO C.N. PONTEAREAS B	NPONTEA	20,0	
		50' 30.27' 100' 1:03.66' 150' 1:33.76' 200' 2:07.35' 250' 2:38.99' 300' 3:13.16' 350' 3:44.38' 400' 4:19.18'			4:19.18
		30.27' 33.39' 30.10' 33.59' 31.64' 34.17' 31.22' 4:19.1'			
4	00622	ABSO C.N. XOVE	CNXOVE	18,0	
		50' 31.16' 100' 1:05.38' 150' 1:37.50' 200' 2:14.71' 250' 2:46.62' 300' 3:22.57' 350' 3:52.84' 400' 4:24.88'			4:24.88
		31.16' 34.22' 32.12' 37.21' 31.91' 35.95' 30.27' 4:24.8'			
5	00837	ABSO CN.MONFORTE DE LEMOS	MOLEMOS	16,0	
		50' 31.60' 100' 1:05.48' 150' 1:38.46' 200' 2:15.30' 250' 2:46.66' 300' 3:21.09' 350' 3:51.59' 400' 4:25.80'			4:25.80
		31.60' 33.88' 32.98' 36.84' 31.36' 34.43' 30.50' 4:25.8'			
6	P1112	ABSO C.N. ARZUA	ARZUA	14,0	
		50' 30.67' 100' 1:04.76' 150' 1:37.00' 200' 2:12.14' 250' 2:45.57' 300' 3:21.39' 350' 3:52.32' 400' 4:26.45'			4:26.45
		30.67' 34.09' 32.24' 35.14' 33.43' 35.82' 30.93' 4:26.4'			
7	00765	ABSO CNVIGORIASBAIXAS B	RBAIXAS	12,0	
		50' 32.62' 100' 1:08.76' 150' 1:41.68' 200' 2:18.12' 250' 2:50.49' 300' 3:25.49' 350' 3:57.60' 400' 4:32.88'			4:32.88
		32.62' 36.14' 32.92' 36.44' 32.37' 35.00' 32.11' 4:32.8'			
8	00639	ABSO A.D. NAUT. DE NARON	NTNARON	10,0	
		50' 33.16' 100' 1:09.39' 150' 1:42.20' 200' 2:17.00' 250' 2:48.57' 300' 3:24.51' 350' 3:57.02' 400' 4:33.02'			4:33.02
		33.16' 36.23' 32.81' 34.80' 31.57' 35.94' 32.51' 4:33.0'			
9	00639	ABSO A.D. NAUT. DE NARON	NTNARON	8,0	
		50' 33.38' 100' 1:09.10' 150' 1:42.63' 200' 2:18.17' 250' 2:50.50' 300' 3:27.17' 350' 3:58.66' 400' 4:33.07'			4:33.07
		33.38' 35.72' 33.53' 35.54' 32.33' 36.67' 31.49' 4:33.0'			
10	00622	ABSO C.N. XOVE B	CNXOVE	6,0	
		50' 33.64' 100' 1:08.60' 150' 1:41.26' 200' 2:17.80' 250' 2:52.16' 300' 3:31.02' 350' 4:06.63' 400' 4:47.70'			4:47.70
		33.64' 34.96' 32.66' 36.54' 34.36' 38.86' 35.61' 4:47.7'			
00837	ABSO CN.MONFORTE DE LEMOS		MOLEMOS	0,0	BAJ

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