



## LIGA BENXAMIN XOR 6, 25 ABRIL 2015

Datos técnicos: Piscina de 25 m., Cronometraje Manual

FERROL  
25/04/2015

RK	Licencia	Nombre	Año	Club	T.R.	Resultado										
1	032726650	SEIJO BERMUDEZ DANIEL	2004	CNFERRO		5:25.24										
	50	39.37	100	1:21.57	150	2:02.16	200	2:42.71	250	3:24.51	300	4:04.81	350	4:45.92	400	5:25.24
		39.37		42.20		40.59		40.55		41.80		40.30		41.11		39.32
2	032722141	RODRIGUEZ RILO ALEJANDRO	2004	CNFERRO		5:32.19										
	50	37.97	100	1:20.06	150	2:03.02	200	2:46.22	250	3:28.91	300	4:10.99	350	4:52.58	400	5:32.19
		37.97		42.09		42.96		43.20		42.69		42.08		41.59		39.61
3	991124358	LOSADA JIMENEZ SERGIO	2004	CNFERRO		5:32.43										
	50	38.23	100	1:19.61	150	2:00.90	200	2:42.66	250	3:24.59	300	4:06.54	350	4:48.60	400	5:32.43
		38.23		41.38		41.29		41.76		41.93		41.95		42.06		43.83
4	991125115	BUSTABAD VAZQUEZ FERNANDO	2004	CMARINA		5:35.49										
	50	38.14	100	1:20.68	150	2:03.61	200	2:46.58	250	3:30.05	300	4:13.00	350	4:56.28	400	5:35.49
		38.14		42.54		42.93		42.97		43.47		42.95		43.28		39.21
5	032724847	PESENTI FRADE EMILIO	2004	CMARINA		5:47.38										
	50	37.68	100	1:20.82	150	2:05.35	200	2:49.06	250	3:33.51	300	4:18.90	350	5:03.65	400	5:47.38
		37.68		43.14		44.53		43.71		44.45		45.39		44.75		43.73
6	991125130	SANCHEZ BARREIRO RAUL	2004	CMARINA		6:02.55										
	50	40.01	100	1:23.69	150	2:08.90	200	2:55.12	250	3:41.84	300	4:29.11	350	5:15.91	400	6:02.55
		40.01		43.68		45.21		46.22		46.72		47.27		46.80		46.64
7	032726134	ANEIROS SUAREZ DIEGO	2004	CEDEIRA		6:22.13										
	50	41.93	100	1:28.57	150	2:05.90	200	3:05.90	250	4:01.99	300	4:31.58	350	5:03.65	400	6:22.13
		41.93		46.64		:05.90				:31.58						:22.13
8	032720141	HERMIDA SOTO GUILLERMO	2004	CNFERRO		6:33.30										
	50	42.43	100	1:30.33	150	2:20.04	200	3:11.27	250	4:01.99	300	4:52.62	350	5:44.30	400	6:33.30
		42.43		47.90		49.71		51.23		50.72		50.63		51.68		49.00
9	032736823	MORADO RUIZ RUBEN	2004	CNFERRO		6:41.63										
	50	42.44	100	1:33.63	150	2:24.94	200	3:16.23	250	4:07.68	300	4:59.39	350	5:52.61	400	6:41.63
		42.44		51.19		51.31		51.29		51.45		51.71		53.22		49.02
10	032738765	MARTINEZ HERMIDA DANIEL	2004	NTNARON		7:27.26										
	50	49.55	100	1:46.32	150	2:45.49	200	3:43.30	250	4:40.42	300	5:39.01	350	6:36.11	400	7:27.26
		49.55		56.77		59.17		57.81		57.12		58.59		57.10		51.15
11	079345432	PADIN TORRENTE DIEGO	2004	NTNARON		7:27.39										
	50	50.43	100	1:47.21	150	2:46.03	200	3:45.88	250	4:44.08	300	5:42.74	350	6:40.71	400	7:27.39
		50.43		56.78		58.82		59.85		58.20		58.66		57.97		46.68
12	032727961	PAZ CALVO SANTIAGO	2004	NTNARON		7:43.81										
	50	51.63	100	1:49.27	150	2:46.65	200	3:44.83	250	4:45.54	300	5:46.28	350	6:44.78	400	7:43.81
		51.63		57.64		57.38		58.18		:00.71		:00.74		58.50		59.03
13	032737618	GONZALEZ CALVO HUGO	2004	NTNARON		7:52.80										
	50	48.87	100	1:48.12	150	2:45.85	200	3:46.88	250	4:48.61	300	5:52.69	350	6:55.38	400	7:52.80
		48.87		59.25		57.73		:01.03		:01.73		:04.08		:02.69		57.42
	032741894	LOPEZ GONZALEZ JESUS EZEQUIEL	2004	CEDEIRA		BAJ										

RT: Retirado  
NP: Non presentadoDES: Descualificado  
BAJ: Baixa

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

FERROL  
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RK	Licencia	Nombre	Año	Club	T.R.	Resultado										
1	032729909	FERNANDEZ ROBLES AIDA	2005	CNFERRO		6:19.04										
	50	42.28	100	1:30.31	150	2:19.25	200	3:07.59	250	3:57.91	300	4:46.36	350	5:34.76	400	6:19.04
		42.28		48.03		48.94		48.34		50.32		48.45		48.40		44.28
2	991125148	CARRASCO DE CASTRO PAULA	2005	CMARINA		6:22.37										
	50	42.23	100	1:30.05	150	2:18.78	200	3:07.32	250	3:58.20	300	4:47.96	350	5:36.46	400	6:22.37
		42.23		47.82		48.73		48.54		50.88		49.76		48.50		45.91
3	991125149	RICO MARTINEZ MARTINA XIA	2005	CMARINA		6:34.88										
	50	41.12	100	1:28.52	150	2:18.80	200	3:10.66	250	4:02.72	300	4:54.62	350	5:47.16	400	6:34.88
		41.12		47.40		50.28		51.86		52.06		51.90		52.54		47.72
4	991126645	RUIZ VILLARINO ANDREA	2005	CMARINA		6:36.13										
	50	43.39	100	1:33.79	150	2:23.95	200	3:15.81	250	4:07.10	300	4:58.50	350	5:50.75	400	6:36.13
		43.39		50.40		50.16		51.86		51.29		51.40		52.25		45.38
5	032729112	ACCION TEIJEIRO CARLA	2005	CNFERRO		6:36.44										
	50	43.78	100	1:31.30	150	2:22.27	200	3:12.18	250	4:02.72	300	4:55.39	350	5:47.16	400	6:36.44
		43.78		47.52		50.16		51.18		51.29		55.39		52.54		36.44
6	032736190	GIZ CASTRO GISELA	2005	NTNARON		6:52.69										
	50	42.52	100	1:31.45	150	2:22.27	200	3:16.11	250	4:10.61	300	5:05.83	350	6:00.39	400	6:52.69
		42.52		48.93		50.82		53.84		54.50		55.22		54.56		52.30
7	032721689	CANEIRO HERMIDA SABELA	2005	CNFERRO		7:06.58										
	50	44.93	100	1:40.40	150	2:35.44	200	3:33.21	250	4:29.34	300	5:24.71	350	6:20.75	400	7:06.58
		44.93		55.47		55.04		57.77		56.13		55.37		56.04		45.83
8	032724453	GOMEZ CASTRILLON ALBA	2005	CNFERRO		7:08.19										
	50	44.40	100	1:38.13	150	2:33.28	200	3:30.77	250	4:28.03	300	5:23.07	350	6:17.26	400	7:08.19
		44.40		53.73		55.15		57.49		57.26		55.04		54.19		50.93
9	032727387	PEREIRA BARROS XELA	2005	NTNARON		7:22.02										
	50	47.09	100	1:41.22	150	2:37.12	200	3:35.49	250	4:31.50	300	5:31.59	350	6:30.73	400	7:22.02
		47.09		54.13		55.90		58.37		56.01		00.09		59.14		51.29
10	991126221	BOUZA SANCHEZ SARA	2005	CMARINA		8:02.80										
	50	53.29	100	1:52.25	150	2:52.81	200	3:53.80	250	4:55.31	300	5:58.88	350	7:01.45	400	8:02.80
		53.29		58.96		00.56		00.99		01.51		03.57		02.57		01.35
11	032721301	BELLON DOCE LUCIA	2005	NTNARON		8:19.25										
	50	52.47	100	1:54.86	150	2:59.76	200	4:03.44	250	5:09.07	300	6:13.44	350	7:17.36	400	8:19.25
		52.47		02.39		04.90		03.68		05.63		04.37		03.92		01.89
12	991126676	MENDEZ LEAL BLANCA	2005	CMARINA		8:20.35										
	50	48.07	100	1:45.64	150	2:48.35	200	3:53.83	250	4:58.72	300	6:06.11	350	7:11.46	400	8:20.35
		48.07		57.57		02.71		05.48		04.89		07.39		05.35		08.89
	991125843	PANTIN MERINO LAURA	2005	CNFERRO		DES										
	032741333	MARTINEZ PERNAS CANDELA	2005	CEDEIRA		BAJ										
	991127097	RODRIGUEZ PRIETO CANDELA	2005	CEDEIRA		BAJ										

RT: Retirado  
NP: Non presentadoDES: Descualificado  
BAJ: Baixa

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

FERROL  
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RK	Licencia	Nombre	Año	Club	T.R.	Resultado
1	991125218	PICOS SEJO JUAN PABLO	2006	CMARINA	50' 40.78' 100' 1:27.79' 150' 2:15.66' 200' 2:59.53'	2:59.53
					40.78' 47.01' 47.87' 43.87'	
2	032728998	DIAZ COUCE RUBEN	2006	CNFERR	50' 40.84' 100' 1:29.63' 150' 2:20.62' 200' 3:05.94'	3:05.94
					40.84' 48.79' 50.99' 45.32'	
3	032728931	TORRENTE LOPEZ MARIO	2006	CNFERR	50' 41.25' 100' 1:29.16' 150' 2:19.67' 200' 3:08.39'	3:08.39
					41.25' 47.91' 50.51' 48.72'	
4	032916450	SECO MARQUEZ EDUARDO MANUEL	2005	CNFERR	50' 41.72' 100' 1:29.70' 150' 2:19.87' 200' 3:08.47'	3:08.47
					41.72' 47.98' 50.17' 48.60'	
5	991125830	VAZQUEZ GOMEZ JOEL	2006	CNFERR	50' 41.58' 100' 1:30.51' 150' 2:20.30' 200' 3:08.79'	3:08.79
					41.58' 48.93' 49.79' 48.49'	
6	032724654	SUAREZ CARRO ADRIAN	2006	CNFERR	50' 43.13' 100' 1:32.14' 150' 2:23.89' 200' 3:13.48'	3:13.48
					43.13' 49.01' 51.75' 49.59'	
8	032722092	MANSO DE LA IGLESIA CARLOS	2005	CNFERR	50' 44.20' 100' 1:37.81' 150' 2:30.72' 200' 3:22.25'	3:22.25
					44.20' 53.61' 52.91' 51.53'	
7	079346930	LOUREIRO GARCIA MANUEL	2005	CEDEIRA	50' 41.55' 100' 1:34.10' 150' 2:30.02' 200' 3:22.25'	3:22.25
					41.55' 52.55' 55.92' 52.23'	
9	991126244	MANEIROS PAZ MARIO	2006	CMARINA	50' 43.78' 100' 1:37.92' 150' 2:33.48' 200' 3:23.35'	3:23.35
					43.78' 54.14' 55.56' 49.87'	
10	991125854	VEIGA DALAMA ALEJANDRO	2006	CNFERR	50' 45.30' 100' 1:37.94' 150' 2:31.85' 200' 3:25.35'	3:25.35
					45.30' 52.64' 53.91' 53.50'	
11	032738510	ROMERO FERNANDEZ ALEJANDRO	2005	NTNARO	50' 47.95' 100' 1:41.45' 150' 2:36.42' 200' 3:28.30'	3:28.30
					47.95' 53.50' 54.97' 51.88'	
12	991125564	NAVARRO LOSADA MIQUEL	2006	CNFERR	50' 45.72' 100' 1:40.24' 150' 2:35.17' 200' 3:28.50'	3:28.50
					45.72' 54.52' 54.93' 53.33'	
13	991125856	RODRIGUEZ SEIJAS ALVARO	2005	CNFERR	50' 45.52' 100' 1:38.96' 150' 2:35.31' 200' 3:29.25'	3:29.25
					45.52' 53.44' 56.35' 53.94'	
14	991126650	DOMINGUEZ HERMIDA SANTIAGO	2005	CMARINA	50' 46.96' 100' 1:42.06' 150' 2:37.51' 200' 3:32.53'	3:32.53
					46.96' 55.10' 55.45' 55.02'	
15	032739674	FUENTES LOPEZ MIGUEL	2005	NTNARO	50' 48.44' 100' 1:42.06' 150' 2:38.11' 200' 3:34.01'	3:34.01
					48.44' 53.62' 56.05' 55.90'	
16	032728053	RAMOS PEREZ NICOLAS ANTON	2006	CNFERR	50' 45.55' 100' 1:41.96' 150' 2:38.37' 200' 3:35.55'	3:35.55
					45.55' 56.41' 56.41' 57.18'	
17	991126233	PUNTES CALVO SERGIO	2005	CMARINA	50' 46.67' 100' 1:42.87' 150' 2:39.76' 200' 3:35.99'	3:35.99
					46.67' 56.20' 56.89' 56.23'	
18	032729650	SANJURJO MUÑIZ ERIC	2005	CNFERR	50' 43.29' 100' 1:41.54' 150' 2:40.87' 200' 3:38.43'	3:38.43
					43.29' 58.25' 59.33' 57.56'	
19	049472238	BOUZA FERNANDEZ DIEGO	2006	CNFERR	50' 50.12' 100' 1:46.22' 150' 2:43.14' 200' 3:39.65'	3:39.65
					50.12' 56.10' 56.92' 56.51'	
20	991126647	PARDO ARBE ALEX	2005	CMARINA	50' 48.01' 100' 1:44.94' 150' 2:43.66' 200' 3:41.54'	3:41.54
					48.01' 56.93' 58.72' 57.88'	

RT: Retirado  
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## LIGA BENXAMIN XOR 6, 25 ABRIL 2015

Datos técnicos: Piscina de 25 m., Cronometraje Manual

FERROL  
25/04/2015

RK	Licencia	Nombre	Año	Club	T.R.	Resultado
21	032741478	VIVERO VERGARA LUCAS	2006	CEDEIRA	50 47.94 100 1:46.62 150 2:47.61 200 3:46.19 47.94 58.68 :00.99 58.58	3:46.19
22	032727530	LIÑARES CASTRO PABLO	2006	CNFERR	50 52.80 100 1:52.75 150 2:51.64 200 3:51.04 52.80 59.95 58.89 59.40	3:51.04
23	032723097	MARTIN GONZALEZ PEDRO	2005	CNFERR	50 52.79 100 1:53.60 150 2:55.02 200 3:53.87 52.79 :00.81 :01.42 58.85	3:53.87
24	991126318	MEDIN GARCIA ALEJANDRO	2005	CMARINA	50 51.75 100 1:53.10 150 2:56.25 200 3:56.63 51.75 :01.35 :03.15 :00.38	3:56.63
25	991125858	ESPIÑEIRA NAVEIRA DANIEL	2006	CNFERR	50 52.08 100 1:54.55 150 2:58.43 200 3:58.61 52.08 :02.47 :03.88 :00.18	3:58.61
26	991128070	ZARATE RODRIGUEZ PABLO	2005	CNFERR	50 48.83 100 1:49.19 150 2:55.92 200 4:02.55 48.83 :00.36 :06.73 :06.63	4:02.55
27	032724185	RODRIGUEZ COUCEIRO DAVID	2006	NTNARO	50 58.54 100 1:01.52 150 3:05.95 200 4:05.13 58.54 2.98 :04.43 59.18	4:05.13
28	032738368	LOPEZ CABANA JAVIER	2005	CMARINA	50 51.91 100 1:56.53 150 3:03.37 200 4:06.01 51.91 :04.62 :06.84 :02.64	4:06.01
29	991125563	SANTALLA CASTELO PABLO	2005	CNFERR	50 55.54 100 2:01.83 150 3:06.09 200 4:06.97 55.54 :06.29 :04.26 :00.88	4:06.97
30	991126663	VEIGA IGLESIAS ANXO	2006	CMARINA	50 52.89 100 1:59.62 150 3:08.04 200 4:12.73 52.89 :06.73 :08.42 :04.69	4:12.73
31	991127574	POSE CIBREIRO HUGO	2006	NTNARO	50 57.44 100 2:03.54 150 3:10.44 200 4:15.45 57.44 :06.10 :06.90 :05.01	4:15.45
32	991125151	DIAZ MARIN ANTONIO	2005	CMARINA	50 1:06.24 100 2:23.33 150 3:39.28 200 4:54.98 :06.24 :17.09 :15.95 :15.70	4:54.98
33	991125215	SANCHEZ BARREIRO GABRIEL	2006	CMARINA	50 1:06.61 100 2:24.47 150 3:39.28 200 4:57.88 :06.61 :17.86 :14.81 :18.60	4:57.88
	032741334	ABELLA MONTERO DARIO	2006	CEDEIRA		DES
	032729107	SANMARTIN HERNANDEZ BRUNO	2005	CNFERR		BAJ
	032727045	PICOS MUIÑO ANTON	2005	NTNARO		BAJ
	991126241	FERNANDEZ VARELA MARCELO	2006	CMARINA		BAJ
	991125852	VIDAL CIBEIRO ANGEL	2005	CNFERR		BAJ
	079345890	BELLAS NOVO FRANCISCO	2005	CEDEIRA		BAJ
	032741145	BLANCO LOPEZ LOIS	2005	CEDEIRA		BAJ

RT: Retirado DES: Descualificado  
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MSL SW.RESULTADOS\_PRUEBA.54-2 Información correcta a 1:29:13 30/04/2015

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

**FERROL  
25/04/2015**

RK	Licencia	Nombre	Año	Club	T.R.	Resultado
1	032727139	LOPEZ RODRIGUEZ CARLA	2006	CNFERR	50' 44.11'   100' 1:34.09'   150' 2:24.30'   200' 3:10.61'	<b>3:10.61</b>
					44.11'   49.98'   50.21'   46.31'	
2	032725866	MANEIROS RODRIGUEZ JULIA	2006	CMARINA	50' 41.25'   100' 1:31.43'   150' 2:23.85'   200' 3:15.60'	<b>3:15.60</b>
					41.25'   50.18'   52.42'   51.75'	
3	991125241	NIETO RUIZ PAULA	2006	CMARINA	50' 44.04'   100' 1:34.68'   150' 2:26.23'   200' 3:19.16'	<b>3:19.16</b>
					44.04'   50.64'   51.55'   52.93'	
4	032728378	VEIGA MONTERO CELIA	2006	CNFERR	50' 46.20'   100' 1:41.56'   150' 2:37.88'   200' 3:33.93'	<b>3:33.93</b>
					46.20'   55.36'   56.32'   56.05'	
5	991125857	URBANO VILAR SARA	2006	CNFERR	50' 49.53'   100' 1:46.03'   150' 2:41.53'   200' 3:36.91'	<b>3:36.91</b>
					49.53'   56.50'   55.50'   55.38'	
6	032740033	RODRIGUEZ SEDES PAULA	2006	CNFERR	50' 50.39'   100' 1:48.13'   150' 2:49.44'   200' 3:46.28'	<b>3:46.28</b>
					50.39'   57.74'   :01.31'   56.84'	
7	032737790	MERINO GARROTE ANGELA MARIA	2006	CNFERR	50' 50.94'   100' 1:51.69'   150' 2:51.88'   200' 3:47.21'	<b>3:47.21</b>
					50.94'   :00.75'   :00.19'   55.33'	
8	044438825	GUTIERREZ FERNANDEZ MONICA	2006	CNFERR	50' 52.07'   100' 1:54.44'   150' 2:58.19'   200' 4:01.11'	<b>4:01.11</b>
					52.07'   :02.37'   :03.75'   :02.92'	
9	991126245	DIAZ PEREZ PAULA	2006	CMARINA	50' 50.15'   100' 1:54.96'   150' 3:01.81'   200' 4:02.94'	<b>4:02.94</b>
					50.15'   :04.81'   :06.85'   :01.13'	
10	991125257	GARCIA TENREIRO ANTIA	2006	CMARINA	50' 53.13'   100' 1:58.92'   150' 3:04.61'   200' 4:07.69'	<b>4:07.69</b>
					53.13'   :05.79'   :05.69'   :03.08'	
11	991127129	RAMIREZ MATEO LUCIA	2006	CMARINA	50' 55.49'   100' 1:59.10'   150' 3:06.14'   200' 4:09.27'	<b>4:09.27</b>
					55.49'   :03.61'   :07.04'   :03.13'	
12	991127664	PRIETO DOPICO PAULA	2006	CMARINA	50' 55.43'   100' 2:01.10'   150' 3:08.48'   200' 4:12.79'	<b>4:12.79</b>
					55.43'   :05.67'   :07.38'   :04.31'	
13	032741177	PITA DA VEIGA RAMONDE PAULA	2006	NTNARO	50' 58.90'   100' 2:06.71'   150' 3:13.85'   200' 4:16.33'	<b>4:16.33</b>
					58.90'   :07.81'   :07.14'   :02.48'	
14	991126307	PENA FERRER RAQUEL	2006	CMARINA	50' 57.71'   100' 2:07.60'   150' 3:18.72'   200' 4:27.99'	<b>4:27.99</b>
					57.71'   :09.89'   :11.12'   :09.27'	
15	032735282	TENREIRO RICO ELENA	2006	NTNARO	50' 1:02.70'   100' 2:14.24'   150' 3:24.95'   200' 4:34.17'	<b>4:34.17</b>
					:02.70'   :11.54'   :10.71'   :09.22'	
16	991125242	FOCES PEREIRA EVA	2006	CMARINA	50' 59.99'   100' 2:13.14'   150' 3:30.03'   200' 4:41.49'	<b>4:41.49</b>
					59.99'   :13.15'   :16.89'   :11.46'	
17	991127575	POSE CIBREIRO MARIA	2006	NTNARO	50' 1:01.03'   100' 2:15.37'   150' 3:31.78'   200' 4:45.39'	<b>4:45.39</b>
					:01.03'   :14.34'   :16.41'   :13.61'	
18	032715964	RIOS CALVO LARA	2006	NTNARO	50' 1:04.11'   100' 2:19.44'   150' 3:35.55'   200' 4:53.68'	<b>4:53.68</b>
					:04.11'   :15.33'   :16.11'   :18.13'	
19	991126239	LORENZO PEREZ LORENA	2006	CMARINA	50' 1:04.17'   100' 2:21.29'   150' 3:40.53'   200' 5:00.14'	<b>5:00.14</b>
					:04.17'   :17.12'   :19.24'   :19.61'	
20	991125211	MARTINEZ VAZQUEZ NURIA	2006	NTNARO	50' 1:05.60'   100' 2:24.44'   150' 3:43.77'   200' 5:02.57'	<b>5:02.57</b>
					:05.60'   :18.84'   :19.33'   :18.80'	

 RT: Retirado      DES: Descualificado  
 NP: Non presentado      BAJ: Baixa



LIGA BENXAMIN XOR 6, 25 ABRIL 2015

Datos técnicos: Piscina de 25 m., Cronometraje Manual

FERROL  
25/04/2015

RK	Licencia	Nombre	Año	Club	T.R.	50	100	150	200	Resultado
21	991126418	MARTINEZ SIERRA INES	2006	CMARINA		1:05.55	2:31.05	3:58.82	5:33.38	5:33.38
						:05.55	:25.50	:27.77	:34.56	
	032725793	POSE FURELOS CARLA	2006	NTNARO						DES
	991127766	LIZ LOPEZ CARMEN	2006	CMARINA						RT
	991125249	GONZALEZ GONZALEZ AMALIA	2006	CMARINA						BAJ

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LIGA BENXAMIN XOR 6, 25 ABRIL 2015

Datos técnicos: Piscina de 25 m., Cronometraje Manual

FERROL  
25/04/2015

RK	Club	Nombre	Club	T.R.	Resultado
1	00674	<b>CNFERRO B</b>	CNFERRO		2:38.26
		1 SEIJO BERMUDEZ DANIEL	2004	50 - 39.63	
				39.63	
		2 MORADO RUIZ RUBEN	2004	100 - 1:27.55	
				47.92	
		3 LOSADA JIMENEZ SERGIO	2004	150 - 2:04.41	
				36.86	
		4 RODRIGUEZ RILO ALEJANDRO	2004	200 - 2:38.26	
				33.85	
2	00674	<b>CNFERRO A</b>	CNFERRO		3:09.02
		1 ROMERO CARBALLEIRA SAMUEL	2004	50 - 42.36	
				42.36	
		2 MOURENTE LOPEZ MARIO	2004	100 - 1:37.79	
				55.43	
		3 DIZ NIEVES DAVID	2004	150 - 2:28.38	
				50.59	
		4 LOPEZ GOMEZ ALEJANDRO	2004	200 - 3:09.02	
				40.64	
	00639	<b>ADNTNARON</b>	NTNARON		BAJ

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LIGA BENXAMIN XOR 6, 25 ABRIL 2015

Datos técnicos: Piscina de 25 m., Cronometraje Manual

FERROL  
25/04/2015

RK	Club	Nombre	Club	T.R.	Resultado
1	00146	<b>CMARINAF A</b>	CMARINA		3:00.33
		1 CARRASCO DE CASTRO PAULA	2005	50 - 42.41	
				42.41	
		2 MENDEZ LEAL BLANCA	2005	100 - 1:36.42	
				54.01	
		3 RICO MARTINEZ MARTINA XIA	2005	150 - 2:20.46	
				44.04	
		4 RUIZ VILLARINO ANDREA	2005	200 - 3:00.33	
				39.87	
2	00674	<b>CNFERRO A</b>	CNFERRO		3:09.54
		1 ACCION TEIJEIRO CARLA	2005	50 - 46.21	
				46.21	
		2 FERNANDEZ ROBLES AIDA	2005	100 - 1:39.87	
				53.66	
		3 GRAÑA DEL SOLAR SABELA	2005	150 - 2:31.15	
				51.28	
		4 PANTIN MERINO LAURA	2005	200 - 3:09.54	
				38.39	
3	00146	<b>CMARINAF B</b>	CMARINA		3:42.22
		1 ZARAGOZA MARTINEZ CARMEN	2005	50 - 54.06	
				54.06	
		2 GOMEZ MENDEZ ARIADNA	2005	100 - 1:55.23	
				1:01.1	
		3 MARTINEZ MACEIRAS SOFIA	2005	150 - 2:54.84	
				59.61	
		4 RUIZ GARCIA ISABEL	2005	200 - 3:42.22	
				47.38	
	00674	<b>CNFERRO B</b>	CNFERRO		BAJ
	00639	<b>ADNTNARON</b>	NTNARON		BAJ

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**LIGA BENXAMIN XOR 6, 25 ABRIL 2015**

Datos técnicos: Piscina de 25 m., Cronometraje Manual


**FERROL  
25/04/2015**

RK	Club	Nombre	Club	T.R.	Resultado
1	00674	<b>CNFERRO A</b>	CNFERRO		3:20.70
		1 SANJURJO MUÑIZ ERIC	2005	50 - 49.34 49.34	
		2 RODRIGUEZ SEIJAS ALVARO	2005	100 - 1:44.81 55.47	
		3 SECO MARQUEZ EDUARDO MANUEL	2005	150 - 2:34.82 50.01	
		4 MANSO DE LA IGLESIA CARLOS	2005	200 - 3:20.70 45.88	
2	00146	<b>CMARINAF</b>	CMARINA		3:34.82
		1 MEDIN GARCIA ALEJANDRO	2005	50 - 56.10 56.10	
		2 PARDO ARBE ALEX	2005	100 - 1:51.76 55.66	
		3 LOPEZ CABANA JAVIER	2005	150 - 2:49.65 57.89	
		4 DOMINGUEZ HERMIDA SANTIAGO	2005	200 - 3:34.82 45.17	
	00674	<b>CNFERRO B</b>	CNFERRO		BAJ
	00770	<b>CNCEDEIRA</b>	CEDEIRA		BAJ

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**LIGA BENXAMIN XOR 6, 25 ABRIL 2015**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**FERROL  
25/04/2015**

RK	Club	Nombre	Club	T.R.	Resultado
1	00146	<b>CMARINAF A</b>	CMARINA		<b>3:36.28</b>
		1 RAMIREZ MATEO LUCIA	2006	50 - 57.00 57.00	
		2 DIAZ PEREZ PAULA	2006	100 - 2:01.14 1:04.1	
		3 MANEIROS RODRIGUEZ JULIA	2006	150 - 2:55.38 54.24	
		4 NIETO RUIZ PAULA	2006	200 - 3:36.28 40.90	
00674		<b>CNFERROL A</b>	CNFERRO		<b>DES</b>
		1 VEIGA MONTERO CELIA	2006	50 - 55.61 55.61	
		2 GUTIERREZ FERNANDEZ MONICA	2006		
		3 LOPEZ RODRIGUEZ CARLA	2006		
		4 MERINO GARROTE ANGELA MARIA	2006		
00146		<b>CMARINAF B</b>	CMARINA		<b>DES</b>
		1 PRIETO SACRISTAN PAULA	2006		
		2 GARCIA TENREIRO ANTIA	2006		
		3 FOCES PEREIRA EVA	2006		
		4 LIZ LOPEZ CARMEN	2006		
00639		<b>ADNTNARON</b>	NTNARON		<b>DES</b>
		1 TENREIRO RICO ELENA	2006	50 - 1:01.72 1:01.7	
		2 MARTINEZ VAZQUEZ NURIA	2006		
		3 POSE CIBREIRO MARIA	2006		
		4 RIOS CALVO LARA	2006		
00674		<b>CNFERROL B</b>	CNFERRO		<b>BAJ</b>

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LIGA BENXAMIN XOR 6, 25 ABRIL 2015

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FERROL  
25/04/2015

RK	Club	Nombre	Club	T.R.	Resultado
1	00146	<b>C. MARINA FERROL A</b>	CMARINA		2:40.26
		1 SANCHEZ BARREIRO RAUL	2004	50 - 40.36	
				40.36	
		2 PESENTI FRADE EMILIO	2004	100 - 1:24.14	
				43.78	
		3 BUSTABAD VAZQUEZ FERNANDO	2004	150 - 2:03.91	
				39.77	
		4 PICOS SEIJO JUAN PABLO	2006	200 - 2:40.26	
				36.35	
2	00674	<b>CNFERRO A</b>	CNFERRO		2:59.76
		1 VAZQUEZ GOMEZ JOEL	2006	50 - 43.75	
				43.75	
		2 DIAZ COUCE RUBEN	2006	100 - 1:35.68	
				51.93	
		3 TORRENTE LOPEZ MARIO	2006	150 - 2:22.33	
				46.65	
		4 SUAREZ CARRO ADRIAN	2006	200 - 2:59.76	
				37.43	
3	00770	<b>C. NATACION CEDEIRA</b>	CEDEIRA		3:19.90
		1 ANEIROS SUAREZ DIEGO	2004	50 - 47.06	
				47.06	
		2 VIVERO VERGARA LUCAS	2006	100 - 1:46.35	
				59.29	
		3 ABELLA MONTERO DARIO	2006	150 - 2:37.60	
				51.25	
		4 LOUREIRO GARCIA MANUEL	2005	200 - 3:19.90	
				42.30	
4	00674	<b>CNFERRO C</b>	CNFERRO		3:35.39
		1 ESPÍÑEIRA NAVEIRA DANIEL	2006	50 - 59.98	
				59.98	
		2 LIÑARES CASTRO PABLO	2006	100 - 2:07.36	
				1:07.3	
		3 HERMIDA SOTO GUILLERMO	2004	150 - 2:53.93	
				46.57	
		4 RAJO PEREZ DIEGO	2004	200 - 3:35.39	
				41.46	
5	00674	<b>CNFERRO B</b>	CNFERRO		3:39.32
		1 NAVARRO LOSADA MIQUEL	2006	50 - 50.66	
				50.66	
		2 VEIGA DALAMA ALEJANDRO	2006	100 - 1:46.17	
				55.51	
		3 RAMOS PEREZ NICOLAS ANTON	2006	150 - 2:48.30	
				1:02.1	
		4 BOUZA FERNANDEZ DIEGO	2006	200 - 3:39.32	
				51.02	

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LIGA BENXAMIN XOR 6, 25 ABRIL 2015

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FERROL  
25/04/2015

RK	Club	Nombre	Club	T.R.	Resultado
6	00639	<b>ADNTNARON</b>	NTNARON		3:46.18
		1 PAZ CALVO SANTIAGO	2004	50 1:00.18 1:00.1	
		2 PADIN TORRENTE DIEGO	2004	100 2:00.76 1:00.5	
		3 FUENTES LOPEZ MIGUEL	2005	150 3:03.43 1:02.6	
		4 GONZALEZ CALVO HUGO	2004	200 3:46.18 42.75	
7	00146	<b>C. MARINA FERROL B</b>	CMARINA		3:48.05
		1 MANEIROS PAZ MARIO	2006	50 50.81 50.81	
		2 DIAZ MARIN ANTONIO	2005	100 1:52.97 1:02.1	
		3 VEIGA IGLESIAS ANXO	2006	150 3:01.92 1:08.9	
		4 PUENTES CALVO SERGIO	2005	200 3:48.05 46.13	
	00674	<b>CNFERROL D</b>	CNFERRO		BAJ
	00146	<b>C. MARINA FERROL C</b>	CMARINA		BAJ

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