



1 - 4x50 m Libre Feminino

RK	Club	Nome	Club	Pts.	Resultado	
1	00126	USC 01	USC	30,0		
	50	30.41 30.41	100 1:00.27 29.86	150 1:30.36 30.09	200 1:57.66 27.30	1:57.66
2	01564	ADTRIOLEIROS	TRIOLEIR	24,0		
	50	31.07 31.07	100 1:01.66 30.59	150 1:31.84 30.18	200 2:02.23 30.39	2:02.23
3	00617	ADFOGAR 01	ADFOGAR	20,0		
	50	29.40 29.40	100 1:00.32 30.92	150 1:31.50 31.18	200 2:02.55 31.05	2:02.55
4	00639	NTNARON 01	NTNARON	18,0		
	50	31.54 31.54	100 1:01.25 29.71	150 1:32.84 31.59	200 2:04.26 31.42	2:04.26
5	00126	USC 02	USC	16,0		
	50	30.20 30.20	100 1:04.23 34.03	150 1:38.43 34.20	200 2:09.20 30.77	2:09.20
6	00617	ADFOGAR 02	ADFOGAR	14,0		
	50	31.88 31.88	100 1:03.79 31.91	150 1:38.20 34.41	200 2:12.32 34.12	2:12.32
7	01424	CNMOS 02	CNMOS	12,0		
	50	31.89 31.89	100 1:05.41 33.52	150 1:41.84 36.43	200 2:12.89 31.05	2:12.89
8	00837	MOLEMOS 01	MOLEMOS	10,0		
	50	32.10 32.10	100 1:10.78 38.68	150 1:45.78 35.00	200 2:17.55 31.77	2:17.55
	01424	CNMOS 01	CNMOS	0,0	DES	

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Chegada Irregular BAJ: Baixa RG: Record Fed. Territorial





2 - 4x50 m Libre Masculino

RK	Club	Nome	Club	Pts.	Resultado					
1	00617	ADFOGAR 01	ADFOGAR	30,0						
	50	24.90	100	49.32	150	14.63	200	1:40.56		1:40.56
		24.90		24.42		0.00		1:25.9		
2	00126	USC 01	USC	24,0						
	50	25.48	100	51.23	150	1:16.41	200	1:41.85		1:41.85
		25.48		25.75		25.18		25.44		
3	00617	ADFOGAR 02	ADFOGAR	20,0						
	50	25.38	100	51.76	150	1:17.00	200	1:43.29		1:43.29
		25.38		26.38		25.24		26.29		
4	00639	NTNARON 02	NTNARON	18,0						
	50	25.90	100	53.46	150	1:21.32	200	1:47.55		1:47.55
		25.90		27.56		27.86		26.23		
5	01424	CNMOS 01	CNMOS	16,0						
	50	27.22	100	53.55	150	1:22.17	200	1:48.72		1:48.72
		27.22		26.33		28.62		26.55		
6	00126	USC 02	USC	14,0						
	50	26.16	100	51.82	150	1:18.49	200	1:49.46		1:49.46
		26.16		25.66		26.67		30.97		
7	01424	CNMOS 02	CNMOS	12,0						
	50	29.45	100	59.15	150	1:30.00	200	1:58.09		1:58.09
		29.45		29.70		30.85		28.09		

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3 - 800 m Libre Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado															
1	3769839	COTOS SUAREZ ANA	1997	USC		15,0																
	50	33.36	100	1:09.48	150	1:47.49	200	2:25.97	250	3:03.98	300	3:42.23	350	4:20.88	400	4:59.34	450	5:38.11	500	6:16.88	10:07.49	
		33.36		36.12		38.01		38.48		38.01		38.25		38.65		38.46		38.77		38.77		
	550	6:55.55	600	7:33.79	650	8:12.03	700	8:50.84	750	9:29.72	800	10:07.49										
		38.67		38.24		38.24		38.81		38.88		37.77										
2	3769745	PICHEL GARCIA ELISA	1984	ADFOGAR		12,0																
	50	36.98	100	1:15.41	150	1:54.61	200	2:33.71	250	3:12.95	300	3:52.36	350	4:31.66	400	5:11.14	450	5:50.83	500	6:30.64	10:27.82	
		36.98		38.43		39.20		39.10		39.24		39.41		39.30		39.48		39.69		39.81		
	550	7:10.16	600	7:49.73	650	8:29.30	700	9:09.00	750	9:49.45	800	10:27.82										
		39.52		39.57		39.57		39.70		40.45		38.37										
3	3579621	RODRIGUEZ COUCEIRO MARIA	2002	NTNARON		10,0																
	50	35.99	100	1:15.04	150	1:54.88	200	2:34.73	250	3:15.13	300	3:55.70	350	4:36.40	400	5:17.34	450	5:57.95	500	6:38.21	10:41.88	
		35.99		39.05		39.84		39.85		40.40		40.57		40.70		40.94		40.61		40.26		
	550	7:19.05	600	8:00.40	650	8:41.27	700	9:21.85	750	10:02.38	800	10:41.88										
		40.84		41.35		40.87		40.58		40.53		39.50										
4	3593509	PANTIN MERINO LAURA	2005	NTNARON		9,0																
	50	36.34	100	1:15.15	150	1:54.98	200	2:35.00	250	3:15.40	300	3:56.04	350	4:36.90	400	5:18.00	450	5:59.46	500	6:41.18	10:50.38	
		36.34		38.81		39.83		40.02		40.40		40.64		40.86		41.10		41.46		41.72		
	550	7:23.68	600	8:06.23	650	8:47.88	700	9:29.90	750	10:11.46	800	10:50.38										
		42.50		42.55		41.65		42.02		41.56		38.92										
5	991128534	EIJO GIL ANA PAULA	2003	CNMOS		8,0																
	50	35.70	100	1:15.00	150	1:55.66	200	2:36.12	250	3:16.70	300	3:57.50	350	4:38.26	400	5:19.99	450	6:01.75	500	6:43.95	10:52.10	
		35.70		39.30		40.66		40.46		40.58		40.80		40.76		41.73		41.76		42.20		
	550	7:25.91	600	8:08.07	650	8:50.04	700	9:32.12	750	10:13.55	800	10:52.10										
		41.96		42.16		41.97		42.08		41.43		38.55										
6	3597266	DIAZ GONZALEZ LUCIA	1998	USC		7,0																
	50	33.90	100	1:13.38	150	1:54.35	200	2:35.93	250	3:17.43	300	3:58.71	350	4:40.05	400	5:21.87	450	6:03.93	500	6:45.57	10:52.73	
		33.90		39.48		40.97		41.58		41.50		41.28		41.34		41.82		42.06		41.64		
	550	7:27.68	600	8:09.73	650	8:51.84	700	9:34.00	750	10:14.66	800	10:52.73										
		42.11		42.05		42.11		42.16		40.66		38.07										
7	3585031	GARCIA SANCHEZ ISABEL	2002	MOLEMOS		6,0																
	50	34.29	100	1:12.22	150	1:51.78	200	2:32.47	250	3:14.07	300	3:55.66	350	4:38.19	400	5:21.55	450	6:04.78	500	6:47.31	10:59.69	
		34.29		37.93		39.56		40.69		41.60		41.59		42.53		43.36		43.23		42.53		
	550	7:30.16	600	8:13.10	650	8:55.20	700	9:37.00	750	10:19.32	800	10:59.69										
		42.85		42.94		42.10		41.80		42.32		40.37										
8	3596585	OTERO LOSADA ALBA	2003	ADFOGAR		5,0																
	50	37.33	100	1:18.20	150	2:00.40	200	2:42.30	250	3:23.50	300	4:05.50	350	4:46.82	400	5:28.93	450	6:10.66	500	6:52.70	10:59.84	
		37.33		40.87		42.20		41.90		41.20		42.00		41.32		42.11		41.73		42.04		
	550	7:34.88	600	8:16.88	650	8:58.95	700	9:41.30	750	10:23.04	800	10:59.84										
		42.18		42.00		42.07		42.35		41.74		36.80										
9	3594710	HAZ GARCIA ELENA	2005	TRIOLEIR		4,0																
	50	37.65	100	1:18.87	150	2:01.00	200	2:43.46	250	3:26.30	300	4:09.80	350	4:52.26	400	5:35.27	450	6:17.74	500	6:59.80	11:10.12	
		37.65		41.22		42.13		42.46		42.84		43.50		42.46		43.01		42.47		42.06		
	550	7:42.26	600	8:24.77	650	9:06.45	700	9:48.40	750	10:30.30	800	11:10.12										
		42.46		42.51		41.68		41.95		41.90		39.82										

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3 - 800 m Libre Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado				
10	3769915	TABOADA ASOREY PAULA	2001	TRIOLEIR		3,0					
50	38.13	100 1:19.76	150 2:03.73	200 2:47.48	250 3:31.90	300 4:16.58	350 5:02.45	400 5:48.67	450 6:33.50	500 7:19.22	11:49.18
	38.13	41.63	43.97	43.75	44.42	44.68	45.87	46.22	44.83	45.72	
550	8:05.45	600 8:51.03	650 9:36.73	700 10:21.21	750 11:05.38	800 11:49.18					
	46.23	45.58	45.70	44.48	44.17	43.80					
11	035582577	FERREIROS COSTAS MARTA	2004	CNMOS		2,0					
50	38.34	100 1:20.71	150 2:04.95	200 2:50.20	250 3:55.93	300 4:21.80	350 5:08.04	400 5:54.23	450 6:40.20	500 7:25.90	11:54.41
	38.34	42.37	44.24	45.25	1:05.7	25.87	46.24	46.19	45.97	45.70	
550	8:11.21	600 8:57.30	650 9:43.60	700 10:30.04	750 11:13.20	800 11:54.41					
	45.31	46.09	46.30	46.44	43.16	41.21					
12	3585098	RODRIGUEZ SOUTO ALBA	2004	MOLEMOS		1,0					
50	42.66	100 1:28.91	150 2:17.07	200 3:04.95	250 3:54.74	300 4:42.15	350 5:30.91	400 6:20.80	450 7:11.35	500 8:02.09	12:54.37
	42.66	46.25	48.16	47.88	49.79	47.41	48.76	49.89	50.55	50.74	
550	8:51.67	600 9:42.96	650 10:33.87	700 11:23.09	750 12:09.46	800 12:54.37					
	49.58	51.29	50.91	49.22	46.37	44.91					

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4 - 200 m Libre Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	3770073	HAZ GARCIA ADRIAN	2000	TRIOLEIR		15,0	
	50 26.45	100 55.95	150 1:27.28	200 1:58.50			1:58.50
	26.45	29.50	31.33	31.22			
2	991128882	RODRIGUEZ LOPEZ ROI	1995	CNMOS		12,0	
	50 28.34	100 58.87	150 1:29.71	200 2:00.72			2:00.72
	28.34	30.53	30.84	31.01			
3	3581400	FERREIRO CASTRO BRUNO	2003	NTNARON		10,0	
	50 28.37	100 59.41	150 1:30.46	200 2:02.96			2:02.96
	28.37	31.04	31.05	32.50			
4	3769631	FRAGA PEREZ PEDRO	2002	ADFOGAR		9,0	
	50 29.46	100 1:00.48	150 1:32.48	200 2:03.24			2:03.24
	29.46	31.02	32.00	30.76			
5	3588726	TOME BRANDON ANGEL	2002	ADFOGAR		8,0	
	50 28.23	100 59.04	150 1:31.21	200 2:03.40			2:03.40
	28.23	30.81	32.17	32.19			
6	3584092	MEIJIDE GIADAS DIEGO	2000	USC		7,0	
	50 29.88	100 1:01.64	150 1:34.56	200 2:08.45			2:08.45
	29.88	31.76	32.92	33.89			
7	3590378	MORENO DEL VALLE ALVARO	1996	USC		6,0	
	50 30.23	100 1:02.54	150 1:35.18	200 2:08.74			2:08.74
	30.23	32.31	32.64	33.56			
8	3770738	PONTON RODRIGUEZ JUAN	2002	MOLEMOS		5,0	
	50 28.23	100 1:01.64	150 1:36.38	200 2:11.57			2:11.57
	28.23	33.41	34.74	35.19			
9	3580632	LOPEZ CABANAS FCO. JOSE	2003	NTNARON		4,0	
	50 29.29	100 1:02.49	150 1:37.50	200 2:12.28			2:12.28
	29.29	33.20	35.01	34.78			
10	035578405	GARCIA GONZALEZ CARLOS	1996	CNMOS		3,0	
	50 30.41	100 1:03.91	150 1:39.66	200 2:15.91			2:15.91
	30.41	33.50	35.75	36.25			
11	3769066	RODRIGUEZ DIAZ DAVID	2002	MOLEMOS		2,0	
	50 33.16	100 1:10.05	150 1:48.98	200 2:28.00			2:28.00
	33.16	36.89	38.93	39.02			

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5 - 50 m Bolboreta Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	3587030	GONZALEZ TOJO RAQUEL	1999	USC		15,0	
	50	31.50					31.50
		31.50					
2	3597386	CAPELLI VALENTINA	1986	USC		12,0	
	50	32.35					32.35
		32.35					
3	077011915	MORGADAS IGLESIAS ANA CRISTINA	1994	CNMOS		10,0	
	50	33.93					33.93
		33.93					
4	3584454	CASTRO DE LA FUENTE UXIA	2003	MOLEMOS		9,0	
	50	34.76					34.76
		34.76					
5	3579593	MOSQUERA GARCIA ALEJANDRA	2003	NTNARON		7,5	
	50	34.86					34.86
		34.86					
5	3769915	TABOADA ASOREY PAULA	2001	TRIOLEIR		7,5	
	50	34.86					34.86
		34.86					
7	039499351	GARCIA ESTEVEZ NAHIR	2002	CNMOS		6,0	
	50	34.93					34.93
		34.93					
8	3770204	PARDO PIÑON MARIA	2001	TRIOLEIR		5,0	
	50	35.04					35.04
		35.04					
9	3589583	MARTINEZ ALONSO LAURA	2004	ADFOGAR		4,0	
	50	35.47					35.47
		35.47					
10	3590331	GONZALEZ OUTEIRO NEREA	2003	ADFOGAR		3,0	
	50	36.95					36.95
		36.95					
11	3585105	SENRA RODRIGUEZ LAURA	2004	MOLEMOS		2,0	
	50	38.59					38.59
		38.59					
12	3579621	RODRIGUEZ COUCEIRO MARIA	2002	NTNARON		1,0	
	50	38.80					38.80
		38.80					

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6 - 50 m Bolboreta Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	3769660	NEGREIRA CAAMAÑO PABLO	2000	ADFOGAR		15,0	
	50	26.58					26.58
		26.58					
2	3583364	GOMEZ SALGADO ESTEBAN	2001	NTNARON		12,0	
	50	27.20					27.20
		27.20					
3	3770038	RAMA SESTAYO MARTIÑO	1996	USC		10,0	
	50	28.04					28.04
		28.04					
4	3589507	MENDEZ GARCIA ALEJANDRO	2002	ADFOGAR		9,0	
	50	28.50					28.50
		28.50					
5	3587409	MARTINEZ ROMAR DIEGO	1992	USC		8,0	
	50	28.98					28.98
		28.98					
6	077015512	MORGADAS IGLESIAS PABLO	1998	CNMOS		7,0	
	50	29.91					29.91
		29.91					
7	3580628	HERMIDA RAMOS RAUL	2000	NTNARON		6,0	
	50	29.96					29.96
		29.96					
8	991128882	RODRIGUEZ LOPEZ ROI	1995	CNMOS		5,0	
	50	32.20					32.20
		32.20					
9	3769066	RODRIGUEZ DIAZ DAVID	2002	MOLEMOS		4,0	
	50	36.13					36.13
		36.13					
	3584758	MARTINEZ MARINO ANDRES	2003	MOLEMOS		0,0	
							BAJ

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7 - 200 m Braza Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado	
1	3584590	LOPEZ RAMUDO ICIA	2004	NTNARON		15,0		
	50	39.15	100	1:21.96	150	2:05.91	200	2:49.91
		39.15		42.81		43.95		44.00
2	3591179	FERREIRO REY M. DEL MAR	2001	TRIOLEIR		12,0		
	50	40.50	100	1:25.20	150	2:10.95	200	2:56.34
		40.50		44.70		45.75		45.39
3	3584415	CRUZ MOURE CRISTINA	1996	USC		10,0		
	50	40.41	100	1:26.32	150	2:12.23	200	2:57.35
		40.41		45.91		45.91		45.12
4	3769745	PICHEL GARCIA ELISA	1984	ADFOGAR		9,0		
	50	41.63	100	1:27.40	150	2:12.91	200	2:59.50
		41.63		45.77		45.51		46.59
5	3591030	SUAREZ KITAMORI NANA SOFIA	2005	ADFOGAR		8,0		
	50	42.32	100	1:28.76	150	2:15.24	200	3:00.46
		42.32		46.44		46.48		45.22
6	3597386	CAPELLI VALENTINA	1986	USC		7,0		
	50	41.62	100	1:27.49	150	2:14.59	200	3:02.18
		41.62		45.87		47.10		47.59
7	3580485	PEREIRA BARROS XELA	2005	NTNARON		6,0		
	50	42.31	100	1:30.00	150	2:19.61	200	3:10.30
		42.31		47.69		49.61		50.69
8	991128534	EIJO GIL ANA PAULA	2003	CNMOS		5,0		
	50	45.85	100	1:35.00	150	2:25.45	200	3:16.30
		45.85		49.15		50.45		50.85
9	3770204	PARDO PIÑON MARIA	2001	TRIOLEIR		4,0		
	50	43.37	100	1:33.20	150	2:25.20	200	3:17.53
		43.37		49.83		52.00		52.33
	039489028	ROMAN RODRIGUEZ ANA	2002	CNMOS		0,0		
							BAJ	

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8 - 200 m Braza Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	3769633	VERDES COLLAZO MANUEL	2000	ADFOGAR		15,0	
	50 35.34 35.34	100 1:14.44 39.10	150 1:53.03 38.59	200 2:32.56 39.53			2:32.56
2	3583949	FREIRE CORRAL ROI	1999	NTNARON		12,0	
	50 36.00 36.00	100 1:16.34 40.34	150 1:57.71 41.37	200 2:38.45 40.74			2:38.45
3	3584767	PEREZ TIERRA ISMAEL	2002	MOLEMOS		10,0	
	50 36.13 36.13	100 1:17.21 41.08	150 1:59.71 42.50	200 2:41.21 41.50			2:41.21
4	3592397	PARDO BELLO DANIEL	2004	ADFOGAR		9,0	
	50 36.80 36.80	100 1:17.14 40.34	150 1:59.86 42.72	200 2:43.98 44.12			2:43.98
5	077015185	CARBALLO OTERO CESAR	2003	CNMOS		8,0	
	50 37.74 37.74	100 1:20.37 42.63	150 2:05.09 44.72	200 2:50.49 45.40			2:50.49
6	3584092	MEIJIDE GIADAS DIEGO	2000	USC		7,0	
	50 39.62 39.62	100 1:23.71 44.09	150 2:07.37 43.66	200 2:50.71 43.34			2:50.71
7	991129995	BELTRAN FREIRIA OSKAR	2004	CNMOS		6,0	
	50 39.23 39.23	100 1:23.61 44.38	150 2:09.72 46.11	200 2:56.48 46.76			2:56.48
8	3580632	LOPEZ CABANAS FCO. JOSE	2003	NTNARON		5,0	
	50 41.50 41.50	100 1:27.43 45.93	150 2:15.26 47.83	200 3:02.66 47.40			3:02.66
	3769081	QUINTANS MOSQUERA MANUEL	1996	USC		0,0	DES

RT: Retirado NP: Non presentado DSI: Desc. Saida Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saida Anticipada DLI: Desc. Chegada Irregular BAJ: Baixa RG: Record Fed. Territorial





9 - 50 m Costas Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	3587030	GONZALEZ TOJO RAQUEL	1999	USC		15,0	
	50	33.55					33.55
		33.55					
2	991128537	COSTAS DOMINGUEZ ANTIA	2005	CNMOS		12,0	
	50	34.50					34.50
		34.50					
3	3770342	GROBA COMESAÑA LIA	2000	USC		10,0	
	50	34.82					34.82
		34.82					
4	3588902	BOUZA SUEIRO MARIA	2003	TRIOLEIR		9,0	
	50	36.04					36.04
		36.04					
5	039489028	ROMAN RODRIGUEZ ANA	2002	CNMOS		8,0	
	50	36.95					36.95
		36.95					
6	3593509	PANTIN MERINO LAURA	2005	NTNARON		7,0	
	50	38.50					38.50
		38.50					
7	3580485	PEREIRA BARROS XELA	2005	NTNARON		6,0	
	50	38.72					38.72
		38.72					
8	003589577	RAMA RODRIGUEZ ALBA	2003	ADFOGAR		5,0	
	50	40.58					40.58
		40.58					
9	3591036	GONZALEZ RIVAS MARTA	2004	ADFOGAR		3,5	
	50	40.72					40.72
		40.72					
9	3585105	SENRA RODRIGUEZ LAURA	2004	MOLEMOS		3,5	
	50	40.72					40.72
		40.72					
11	3594710	HAZ GARCIA ELENA	2005	TRIOLEIR		2,0	
	50	41.30					41.30
		41.30					
12	3585098	RODRIGUEZ SOUTO ALBA	2004	MOLEMOS		1,0	
	50	45.45					45.45
		45.45					

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial





10 - 50 m Costas Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	3770540	BALSA BALBOA PABLO	1993	ADFOGAR		15,0	
	50	28.54					28.54
		28.54					
2	3584767	PEREZ TIERRA ISMAEL	2002	MOLEMOS		12,0	
	50	29.05					29.05
		29.05					
3	3769142	SANCHEZ PINTOS ADRIAN	1997	USC		9,0	
	50	29.42					29.42
		29.42					
3	3585249	VIAÑO VARELA MANUEL	1992	ADFOGAR		9,0	
	50	29.42					29.42
		29.42					
3	3583364	GOMEZ SALGADO ESTEBAN	2001	NTNARON		9,0	
	50	29.42					29.42
		29.42					
6	3590218	ABUIN VILARIÑO ANTON	1998	USC		7,0	
	50	30.45					30.45
		30.45					
7	3770738	PONTON RODRIGUEZ JUAN	2002	MOLEMOS		6,0	
	50	30.76					30.76
		30.76					
8	077015512	MORGADAS IGLESIAS PABLO	1998	CNMOS		5,0	
	50	31.24					31.24
		31.24					
9	077012817	ALVAREZ LAGO RODRIGO	2000	CNMOS		4,0	
	50	31.78					31.78
		31.78					
10	3580628	HERMIDA RAMOS RAUL	2000	NTNARON		3,0	
	50	32.13					32.13
		32.13					

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial





11 - 400 m Estilos Feminino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado	
1	3591030	SUAREZ KITAMORI NANA SOFIA	2005	ADFOGAR		15,0		
	50 35.37	100 1:15.91	150 1:58.83	200 2:40.13	250 3:27.67	300 4:16.31	350 4:52.99	400 5:28.38
	35.37	40.54	42.92	41.30	47.54	48.64	36.68	35.39
2	3769839	COTOS SUAREZ ANA	1997	USC		12,0		
	50 35.16	100 1:16.98	150 2:03.38	200 2:47.42	250 3:35.17	300 4:24.23	350 5:03.80	400 5:41.79
	35.16	41.82	46.40	44.04	47.75	49.06	39.57	37.99
3	3591179	FERREIRO REY M. DEL MAR	2001	TRIOLEIR		10,0		
	50 37.69	100 1:22.50	150 2:06.80	200 2:51.16	250 3:37.69	300 4:26.19	350 5:05.25	400 5:42.97
	37.69	44.81	44.30	44.36	46.53	48.50	39.06	37.72
4	3584590	LOPEZ RAMUDO ICIA	2004	NTNARON		9,0		
	50 40.29	100 1:28.50	150 2:14.76	200 2:58.66	250 3:42.76	300 4:28.07	350 5:08.68	400 5:48.35
	40.29	48.21	46.26	43.90	44.10	45.31	40.61	39.67
5	3584454	CASTRO DE LA FUENTE UXIA	2003	MOLEMOS		8,0		
	50 36.13	100 1:18.00	150 2:01.91	200 2:43.80	250 3:36.71	300 4:29.57	350 5:10.20	400 5:49.92
	36.13	41.87	43.91	41.89	52.91	52.86	40.63	39.72
6	3581099	GIZ CASTRO GISELA	2005	NTNARON		7,0		
	50 37.96	100 1:23.09	150 2:11.45	200 2:57.87	250 3:46.12	300 4:37.82	350 5:17.98	400 5:56.88
	37.96	45.13	48.36	46.42	48.25	51.70	40.16	38.90
7	991128537	COSTAS DOMINGUEZ ANTIA	2005	CNMOS		6,0		
	50 38.14	100 1:25.23	150 2:11.54	200 2:54.95	250 3:44.86	300 4:35.55	350 5:18.14	400 5:57.04
	38.14	47.09	46.31	43.41	49.91	50.69	42.59	38.90
8	3584415	CRUZ MOURE CRISTINA	1996	USC		5,0		
	50 36.70	100 1:21.79	150 2:12.55	200 3:01.59	250 3:50.27	300 4:39.30	350 5:20.50	400 6:00.21
	36.70	45.09	50.76	49.04	48.68	49.03	41.20	39.71
9	3585031	GARCIA SANCHEZ ISABEL	2002	MOLEMOS		4,0		
	50 37.45	100 1:22.70	150 2:10.33	200 2:56.54	250 3:48.16	300 4:40.00	350 5:22.06	400 6:02.85
	37.45	45.25	47.63	46.21	51.62	51.84	42.06	40.79
10	3589583	MARTINEZ ALONSO LAURA	2004	ADFOGAR		3,0		
	50 37.88	100 1:22.10	150 2:08.67	200 2:52.83	250 3:47.18	300 4:42.86	350 5:23.59	400 6:03.89
	37.88	44.22	46.57	44.16	54.35	55.68	40.73	40.30
11	3588902	BOUZA SUEIRO MARIA	2003	TRIOLEIR		2,0		
	50 37.30	100 1:24.12	150 2:11.76	200 2:59.17	250 3:50.88	300 4:44.69	350 5:29.55	400 6:12.76
	37.30	46.82	47.64	47.41	51.71	53.81	44.86	43.21
	039499351	GARCIA ESTEVEZ NAHIR	2002	CNMOS		0,0		
								DES

RT: Retirado

NP: Non presentado
DVI: Desc. Viraxe IrregularDSI: Desc. Saída Irregular
DSA: Desc. Saída AnticipadaDNI: Desc. Nado Irregular
DLI: Desc. Chegada IrregularDES: Descualificado
BAJ: BaixaMMG: M.M. Terr. (Para Edades)
RG: Record Fed. Territorial



12 - 400 m Estilos Masculino

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado										
1	3770073	HAZ GARCIA ADRIAN	2000	TRIOLEIR		15,0											
	50	29.65	100	1:04.32	150	1:43.62	200	2:20.16	250	3:02.30	300	3:45.60	350	4:17.71	400	4:49.35	4:49.35
		29.65		34.67		39.30		36.54		42.14		43.30		32.11		31.64	
2	3769633	VERDES COLLAZO MANUEL	2000	ADFOGAR		12,0											
	50	30.92	100	1:07.17	150	1:43.89	200	2:19.88	250	3:01.06	300	3:43.88	350	4:18.45	400	4:54.13	4:54.13
		30.92		36.25		36.72		35.99		41.18		42.82		34.57		35.68	
3	3581400	FERREIRO CASTRO BRUNO	2003	NTNARON		10,0											
	50	32.71	100	1:09.46	150	1:49.50	200	2:28.85	250	3:13.59	300	3:58.10	350	4:33.00	400	5:06.54	5:06.54
		32.71		36.75		40.04		39.35		44.74		44.51		34.90		33.54	
4	3588204	ABELENDA PEREZ MIGUEL ANGEL	2004	ADFOGAR		9,0											
	50	32.56	100	1:09.63	150	1:50.59	200	2:30.00	250	3:15.17	300	4:00.48	350	4:35.63	400	5:08.14	5:08.14
		32.56		37.07		0.00		1:39.4		45.17		45.31		35.15		32.51	
5	3590218	ABUIN VILARIÑO ANTON	1998	USC		8,0											
	50	32.48	100	1:11.21	150	1:50.57	200	2:28.69	250	3:13.16	300	3:58.41	350	4:35.07	400	5:09.80	5:09.80
		32.48		38.73		39.36		38.12		44.47		45.25		36.66		34.73	
6	3769081	QUINTANS MOSQUERA MANUEL	1996	USC		7,0											
	50	33.50	100	1:14.85	150	1:55.26	200	2:35.77	250	3:17.89	300	4:01.82	350	4:40.54	400	5:17.32	5:17.32
		33.50		41.35		40.41		40.51		42.12		43.93		38.72		36.78	
7	077015185	CARBALLO OTERO CESAR	2003	CNMOS		6,0											
	50	39.23	100	1:22.98	150	2:08.54	200	2:52.70	250	3:38.45	300	4:23.70	350	5:05.26	400	5:43.79	5:43.79
		39.23		43.75		45.56		44.16		45.75		45.25		41.56		38.53	
8	3594062	VENTUREIRA FERNANDEZ NORDES	2002	NTNARON		5,0											
	50	32.65	100	1:15.80	150	2:01.27	200	2:45.82	250	3:37.76	300	4:32.62	350	5:11.46	400	5:47.66	5:47.66
		32.65		43.15		45.47		44.55		51.94		54.86		38.84		36.20	
9	077012817	ALVAREZ LAGO RODRIGO	2000	CNMOS		4,0											
	50	36.79	100	1:21.66	150	2:06.12	200	2:48.03	250	3:37.10	300	4:28.07	350	5:09.23	400	5:48.98	5:48.98
		36.79		44.87		44.46		41.91		49.07		50.97		41.16		39.75	
	3584758	MARTINEZ MARINO ANDRES	2003	MOLEMOS		0,0											
																	BAJ

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Chegada Irregular BAJ: Baixa RG: Record Fed. Territorial





13 - 4x100 m Estilos Feminino

RK	Club	Nome	Club	Pts.	Resultado					
1	00126	USC 01	USC	30,0						
	50	37.00 37.00	100 1:15.81 38.81	150 1:53.88 38.07	200 2:37.46 43.58	250 3:10.50 33.04	300 3:49.04 38.54	350 4:17.38 28.34	400 4:49.50 32.12	4:49.50
2	00617	ADFOGAR 01	ADFOGAR	24,0						
	50	35.86 35.86	100 1:14.05 38.19	150 1:53.16 39.11	200 2:37.85 44.69	250 3:15.77 37.92	300 3:59.08 43.31	350 4:31.58 32.50	400 5:07.79 36.21	5:07.79
3	01564	ADTRIOLEIROS	TRIOLEIR	20,0						
	50	37.77 37.77	100 1:18.10 40.33	150 1:58.15 40.05	200 2:43.20 45.05	250 3:18.55 35.35	300 4:01.29 42.74	350 4:35.50 34.21	400 5:13.87 38.37	5:13.87
4	00639	NTNARON 01	NTNARON	18,0						
	50	40.54 40.54	100 1:21.88 41.34	150 1:59.43 37.55	200 2:40.85 41.42	250 3:19.48 38.63	300 4:04.77 45.29	350 4:37.85 33.08	400 5:14.20 36.35	5:14.20
5	01424	CNMOS 01	CNMOS	16,0						
	50	37.81 37.81	100 1:17.66 39.85	150 2:00.79 43.13	200 2:49.16 48.37	250 3:27.04 37.88	300 4:08.71 41.67	350 4:40.71 32.00	400 5:15.05 34.34	5:15.05
6	00126	USC 02	USC	14,0						
	50	41.85 41.85	100 1:24.95 43.10	150 2:06.35 41.40	200 2:51.57 45.22	250 3:30.95 39.38	300 4:20.48 49.53	350 4:52.16 31.68	400 5:26.65 34.49	5:26.65
7	01424	CNMOS 02	CNMOS	12,0						
	50	44.70 44.70	100 1:30.06 45.36	150 2:16.04 45.98	200 3:08.06 52.02	250 3:47.91 39.85	300 4:36.03 48.12	350 5:11.15 35.12	400 5:49.54 38.39	5:49.54
8	00837	MOLEMOS 01	MOLEMOS	10,0						
	50	41.16 41.16	100 1:25.48 44.32	150 2:09.50 44.02	200 3:00.88 51.38	250 3:36.03 35.15	300 4:28.25 52.22	350 5:09.97 41.72	400 5:55.39 45.42	5:55.39
9	00617	ADFOGAR 02	ADFOGAR	8,0						
	50	44.95 44.95	100 1:30.15 45.20	150 2:16.80 46.65	200 3:09.13 52.33	250 3:50.35 41.22	300 4:40.80 50.45	350 5:16.05 35.25	400 5:55.87 39.82	5:55.87

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Chegada Irregular BAJ: Baixa RG: Record Fed. Territorial





14 - 4x100 m Estilos Masculino

RK	Club	Nome	Club	Pts.	Resultado				
1	00617	ADFOGAR 01	ADFOGAR	30,0					
50	33.19	100 1:08.27	150 1:39.75	200 2:16.98	250 2:45.50	300 3:18.55	350 3:44.91	400 4:13.80	4:13.80
	33.19	35.08	31.48	37.23	28.52	33.05	26.36	28.89	
2	00126	USC 01	USC	24,0					
50	31.20	100 1:04.79	150 1:36.91	200 2:13.27	250 2:44.00	300 3:19.79	350 3:46.00	400 4:15.79	4:15.79
	31.20	33.59	32.12	36.36	30.73	35.79	26.21	29.79	
3	00617	ADFOGAR 02	ADFOGAR	20,0					
50	32.32	100 1:04.30	150 1:40.20	200 2:22.14	250 2:50.27	300 3:23.14	350 3:48.41	400 4:17.91	4:17.91
	32.32	31.98	35.90	41.94	28.13	32.87	25.27	29.50	
4	00639	NTNARON 01	NTNARON	18,0					
50	33.48	100 1:09.50	150 1:43.85	200 2:22.79	250 2:51.32	300 3:24.99	350 3:51.80	400 4:21.98	4:21.98
	33.48	36.02	34.35	38.94	28.53	33.67	26.81	30.18	
5	01424	CNMOS 01	CNMOS	16,0					
50	32.68	100 1:07.98	150 1:42.67	200 2:22.71	250 2:52.95	300 3:27.71	350 3:55.68	400 4:27.67	4:27.67
	32.68	35.30	34.69	40.04	30.24	34.76	27.97	31.99	
6	00126	USC 02	USC	14,0					
50	31.46	100 1:04.57	150 1:46.84	200 2:36.88	250 3:07.07	300 3:42.45	350 4:09.85	400 4:40.05	4:40.05
	31.46	33.11	42.27	50.04	30.19	35.38	27.40	30.20	
7	01424	CNMOS 02	CNMOS	12,0					
50	34.98	100 1:11.89	150 1:50.82	200 2:34.50	250 3:14.60	300 4:02.07	350 4:31.32	400 5:05.33	5:05.33
	34.98	36.91	38.93	43.68	40.10	47.47	29.25	34.01	

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial

