

A.D. NAUTICO DE NARON

01:23:48

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
2	2	57	PIÑON PEREIRA , LUCIA	CDF	A.D. NAUTICO DE NARON	00:27:08
4	4	63	SANCHEZ TOUZA , CANDELA	CDF	A.D. NAUTICO DE NARON	00:27:46
8	8	64	SERANTES BARREIRO , INES	CDF	A.D. NAUTICO DE NARON	00:28:54

TRIATLON FERROL

01:25:31

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
3	3	48	FILGUEIRAS BARCENILLA , MARIA	CDF	TRIATLON FERROL	00:27:13
7	7	58	PITA SANCHEZ , AINARA	CDF	TRIATLON FERROL	00:28:40
11	11	65	TEIJEIRO ALVAREZ , REBECA	CDF	TRIATLON FERROL	00:29:38

CIDADE DE LUGO FLUVIAL

01:28:26

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
5	5	51	GOMEZ RILO , INES	CDF	CIDADE DE LUGO FLUVIAL	00:28:18
10	10	43	CASTRO PEREIRA , PAULA	CDF	CIDADE DE LUGO FLUVIAL	00:29:09
14	14	44	DARRIBA BELMONTE , LUCIA	CDF	CIDADE DE LUGO FLUVIAL	00:30:59

A.D. FOGAR

01:34:13

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
9	9	38	ALEN FERNANDEZ , IREA ADRIANA	CDF	A.D. FOGAR	00:29:00
22	22	53	LOPEZ OTERO , CRISTINA	CDF	A.D. FOGAR	00:32:33
23	23	37	ALBERTE TEIJEIRO , SOFIA	CDF	A.D. FOGAR	00:32:40

TRIATLON INFORHOUSE SANTIAGO

01:34:50

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
16	16	49	FILLOY MONTESINO , COVADONGA	CDF	TRIATLON INFORHOUSE SANTIAGO	00:31:07
18	18	39	ANTELO PINTOR , CARMELA	CDF	TRIATLON INFORHOUSE SANTIAGO	00:31:45
20	20	46	DIAZ OIZA , CAROLINA	CDF	TRIATLON INFORHOUSE SANTIAGO	00:31:58

C. NATACION CEDEIRA MUEBLES GARCIA

01:17:52

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
1	1	152	SUAREZ COUTO , DAMIAN	CDM	C. NATACION CEDEIRA MUEBLES GARCIA	00:24:47
4	4	142	RIOLA DELGADO , LUCAS	CDM	C. NATACION CEDEIRA MUEBLES GARCIA	00:25:46
16	16	132	PIÑON BEREIJO , JUAN	CDM	C. NATACION CEDEIRA MUEBLES GARCIA	00:27:19

TRIATLON FERROL

01:18:54

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
7	7	135	PORTOMEÑE FORMOSO , DANIEL	CDM	TRIATLON FERROL	00:26:00
8	8	116	GONZALEZ PERNAS , DIEGO	CDM	TRIATLON FERROL	00:26:18
10	10	114	GOIRIZ BRAÑAS , HUGO	CDM	TRIATLON FERROL	00:26:36

A.D. FOGAR

01:20:23

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
3	3	151	SOUTO ANDUJAR , HUGO	CDM	A.D. FOGAR	00:25:45
11	11	95	BELLO RODRIGUEZ , ANXO	CDM	A.D. FOGAR	00:26:47
21	21	107	DIAZ ALDEANUEVA , ALVARO	CDM	A.D. FOGAR	00:27:51

CLUB TRIATLON COMPOSTELA

01:23:39

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
2	2	123	GARCIA PICON , LUCAS	CDM	CLUB TRIATLON COMPOSTELA	00:24:55
26	26	141	RIBO MIGUEL , LUCAS	CDM	CLUB TRIATLON COMPOSTELA	00:29:09
30	30	93	BALSA MORENO , RUBEN	CDM	CLUB TRIATLON COMPOSTELA	00:29:35

TRIATLON INFORHOUSE SANTIAGO

01:24:07

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
15	15	97	BLANCO PARGA , XOEL	CDM	TRIATLON INFORHOUSE SANTIAGO	00:27:19
19	19	94	BEIS VIGO , ALEJANDRO	CDM	TRIATLON INFORHOUSE SANTIAGO	00:27:31
28	28	140	REY CANDAL , IVAN	CDM	TRIATLON INFORHOUSE SANTIAGO	00:29:17

CLUB HERCULES TERMARIA

01:27:14

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
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12	12	111	MAROÑO PASCALIN , IGNACIO	CDM	CLUB HERCULES TERMARIA	00:26:50
18	18	138	PRADA MAROÑO , IAGO	CDM	CLUB HERCULES TERMARIA	00:27:25
45	45	96	BELLO VILARIÑO , MANUEL	CDM	CLUB HERCULES TERMARIA	00:32:59

TRISADA

01:30:38

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
29	29	112	GARCIA RODRIGUEZ , EMILIO	CDM	TRISADA	00:29:20
33	33	109	FERNANDEZ ARES , MIGUEL ANGEL	CDM	TRISADA	00:30:04
35	35	139	QUINTAS CASTILLO , JAIME	CDM	TRISADA	00:31:14

A.D. NAUTICO DE NARON

01:32:52

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
6	6	118	Cerro Castro , Adrián	CDM	A.D. NAUTICO DE NARON	00:25:50
46	46	144	ROUCO ROMERO , ALEJANDRO	CDM	A.D. NAUTICO DE NARON	00:33:07
49	49	98	BLANCO RODRIGUEZ , LUCAS	CDM	A.D. NAUTICO DE NARON	00:33:55

CLUB OLIMPICO DE VEDRA

01:37:50

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
14	14	121	LORENZO GONZALEZ , ARON	CDM	CLUB OLIMPICO DE VEDRA	00:27:18
51	51	103	CEA VAZQUEZ , HUGO JOSE	CDM	CLUB OLIMPICO DE VEDRA	00:34:37
52	52	128	OTERO PEREIRA , BRAIS	CDM	CLUB OLIMPICO DE VEDRA	00:35:55

TRIATLON INFORHOUSE SANTIAGO

01:24:44

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
1	1	76	GONTAN IGLESIAS , AINOA	JVF	TRIATLON INFORHOUSE SANTIAGO	00:26:28
4	4	72	CASTRO LOPEZ , LARA	JVF	TRIATLON INFORHOUSE SANTIAGO	00:28:09
10	10	69	BOUZAS FOSADO , UXIA	JVF	TRIATLON INFORHOUSE SANTIAGO	00:30:07

CIDADE DE LUGO FLUVIAL

01:15:29

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
5	5	165	DARRIBA BELMONTE , DANIEL	JVM	CIDADE DE LUGO FLUVIAL	00:24:43
9	9	188	TOME LOPEZ , DIEGO	JVM	CIDADE DE LUGO FLUVIAL	00:25:07
17	17	179	POUSADA TROITIÑO , JARNO	JVM	CIDADE DE LUGO FLUVIAL	00:25:39

TRIATLON FERROL

01:15:30

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
1	1	182	RODRIGUEZ RILO , ALEJANDRO	JVM	TRIATLON FERROL	00:23:44
4	4	161	CARBALLEIRA NOVO , DIEGO	JVM	TRIATLON FERROL	00:24:36
30	30	162	CASTRO CARBALLEIRA , BRUNO	JVM	TRIATLON FERROL	00:27:10

NATACION PABELLON OURENSE

01:15:41

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
6	6	183	RODRIGUEZ VAZQUEZ , HECTOR	JVM	NATACION PABELLON OURENSE	00:24:51
10	10	180	NARANJO ESTEVEZ , ROI	JVM	NATACION PABELLON OURENSE	00:25:21
13	13	166	GIL REY , MATEO	JVM	NATACION PABELLON OURENSE	00:25:29

TRIATLON INFORHOUSE SANTIAGO

01:16:19

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
2	2	178	PICON MONTERO , BRAIS	JVM	TRIATLON INFORHOUSE SANTIAGO	00:24:08
15	15	177	OTERO PINTOS , IAGO	JVM	TRIATLON INFORHOUSE SANTIAGO	00:25:33
25	25	160	CAO BLANCO , GONZALO	JVM	TRIATLON INFORHOUSE SANTIAGO	00:26:38

A.D. FOGAR

01:16:22

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
3	3	169	LOPEZ OTERO , PEDRO	JVM	A.D. FOGAR	00:24:19
20	20	176	OTERO LOSADA , RUBEN	JVM	A.D. FOGAR	00:25:51
23	23	187	SOTO MANTEIGA , SERGIO	JVM	A.D. FOGAR	00:26:12

JEALSA TRIATLON BOIRO

01:17:09

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
16	16	185	SANLES DIESTE , HUGO	JVM	JEALSA TRIATLON BOIRO	00:25:33
18	18	192	TUBIO QUINTANS , RICARDO	JVM	JEALSA TRIATLON BOIRO	00:25:47
19	19	173	MELLID LOSADA , MANOEL	JVM	JEALSA TRIATLON BOIRO	00:25:49

CLUB HERCULES TERMARIA

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
22	22	175	PRADA MAROÑO , TOMAS	JVM	CLUB HERCULES TERMARIA	00:26:08
24	24	172	MAROÑO PASCALIN , IVAN	JVM	CLUB HERCULES TERMARIA	00:26:32
29	29	174	MURADO GOMEZ , DAVID	JVM	CLUB HERCULES TERMARIA	00:27:08

01:19:48

A.D. NAUTICO DE NARON

01:18:18

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
1	1	28	CASTRO SANTOS , NATALIA	JNF	A.D. NAUTICO DE NARON	00:25:40
2	2	25	ALZAGA CRIADO , MARIA	JNF	A.D. NAUTICO DE NARON	00:25:57
3	3	32	GARCIA BUSTO , NEREA	JNF	A.D. NAUTICO DE NARON	00:26:41

A.D. FOGAR

01:11:52

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
1	1	20	PRIETO VILLAR , ANDRES	JNM	A.D. FOGAR	00:22:39
8	8	5	ELIZALDE ROMERO , ALVARO	JNM	A.D. FOGAR	00:24:15
13	13	13	LORENZO PARGA , LUCAS	JNM	A.D. FOGAR	00:24:58

A.D. NAUTICO DE NARON

01:14:29

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
2	2	7	FREIRE GARCIA , PABLO	JNM	A.D. NAUTICO DE NARON	00:23:09
15	15	18	PITA LOPEZ , ANXO	JNM	A.D. NAUTICO DE NARON	00:25:30
17	17	14	MARTINEZ SENRA , DANIEL	JNM	A.D. NAUTICO DE NARON	00:25:50

TRIATLON FERROL

01:15:08

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
9	9	19	PRIDA LOBELOS , HUGO	JNM	TRIATLON FERROL	00:24:26
11	11	15	MORADO RUIZ , JORGE	JNM	TRIATLON FERROL	00:24:49
18	18	3	CAMPOS FERNANDEZ , DAVID	JNM	TRIATLON FERROL	00:25:53

TRIATLON INFORHOUSE SANTIAGO

01:15:16

POS.	P.CAT.	NUMBER	PARTICIPANT	CATEGORY	CLUB	META
6	6	17	PEREZ BLANCO , XOSE	JNM	TRIATLON INFORHOUSE SANTIAGO	00:23:50
10	10	4	DIAZ OIZA , JUAN PABLO	JNM	TRIATLON INFORHOUSE SANTIAGO	00:24:44
19	19	22	TAIBO GARCIA , HUGO	JNM	TRIATLON INFORHOUSE SANTIAGO	00:26:42